



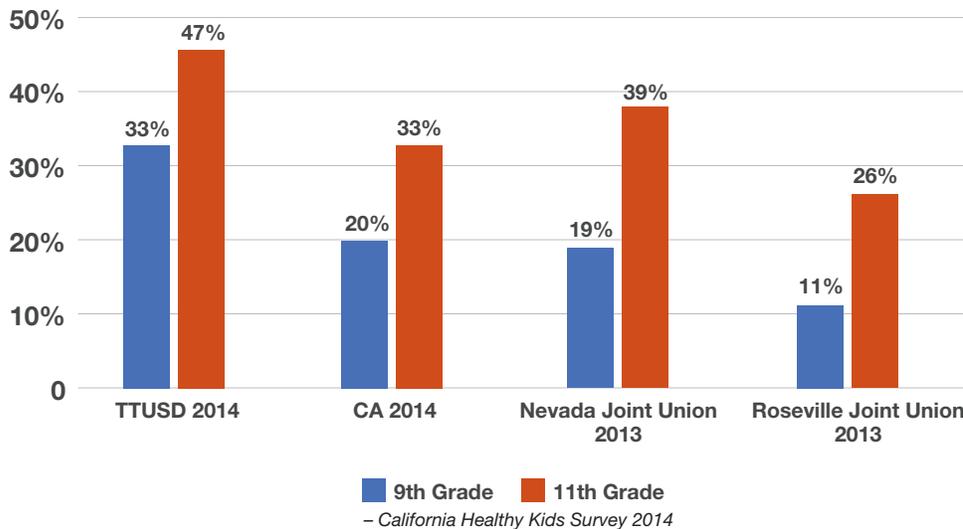
Why Is This Important?

Science shows that drug and alcohol addiction almost always begins in adolescence. The developing teen brain is more sensitive to the effects of drugs and alcohol than an adult's brain. Preventing teen drug and alcohol use is critical to preventing substance abuse.

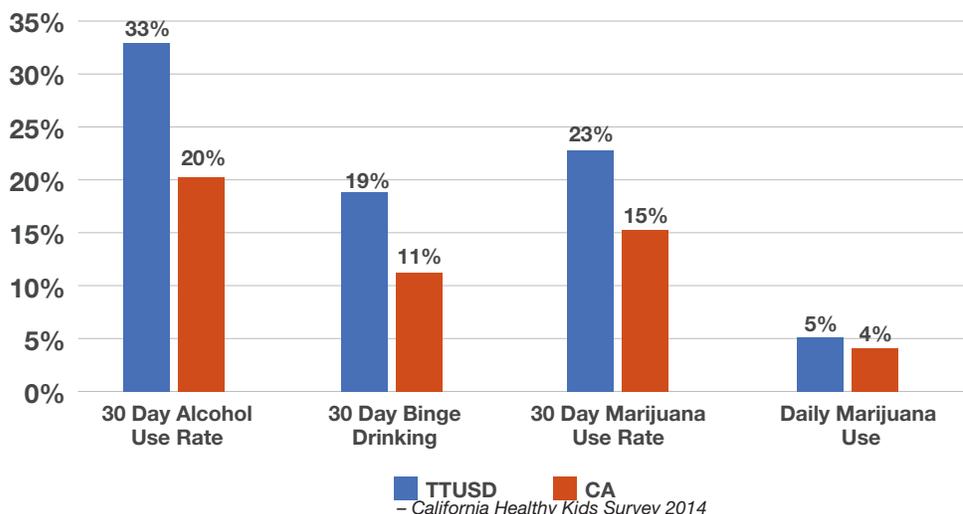
Our Challenge

Overall, youth substance use in Tahoe-Truckee surpasses rates in the region and across the state in several categories. Statistics indicate that Tahoe-Truckee's youth have easy access to and permissive attitudes about substance use.

Students Reporting ALCOHOL USE in the Past 30 Days



9th Grade Tahoe-Truckee Youth Alcohol and Marijuana Use Compared to CA State Averages



SNAPSHOT: Adult Substance Abuse

2/3 of Nevada County DUI arrests originate in Truckee

Source: Truckee Police Department 2014

The Tahoe Forest Hospital System's health surveys and assessments* draw attention to:

30% of Truckee/North Tahoe adult respondents report binge drinking in the past 30 days, compared to **17%** of adults surveyed in both California and the U.S.

81% of Truckee/North Tahoe adult respondents report drinking at least once in the past 30 days, compared with **55%** of adults in both California and the U.S.

Self-reported drug abuse, including prescription drugs, almost doubled between 2011 and 2014, from **3.3%** to **6.1%**.

Substance abuse and **mental health issues** are often occurring together in adult respondents.

*TFHS Community Health Survey 2011 and 2014; TFHS Mental Health Assessment 2014

“Next month, **60 local teens** ages 14-18 will abuse a narcotic painkiller like OxyContin to get stoned, putting them at high risk of **overdose, death, or dependence**. They will get them from friends with prescriptions or unlocked medicine cabinets in homes.”

— California Healthy Kids Survey 2014

NORTH TAHOE-TRUCKEE

Community Overview: Youth Substance Abuse



How We Impact

Tahoe-Truckee Future Without Drug Dependence (TT-FWDD) formed in 2010 under the leadership of Placer and Nevada Counties. Award a \$650,000 Federal Drug Free Communities Grant, FWDD mobilizes community substance abuse prevention efforts.

Through collaborative efforts with multiple community sectors including Truckee Police, Placer County Sheriff, Tahoe Truckee Unified School District, and the Tahoe Forest Hospital District, FWDD is working to create a community free of the impacts of substance abuse. FWDD is reducing youth easy access to alcohol and drugs, advocating for policies that reduce youth use, and changing social norms that view alcohol and drugs as a necessary component to having fun and relieving stress.



Strategy Highlights

FWDD is working to educate the community about:

- Scope of the problem in our community
- Risks associated with teen drug and alcohol use
- Action steps for parents,
- Solutions for the community to change pro-drug and alcohol culture affecting our youth

Community Efforts

- Collected 1600 pounds of prescription pills for disposal that could have been left in medicine cabinets.
- 2 permanent Rx disposal bins are now open in Tahoe-Truckee.
- 721 local high school students have received Alcohol EDU.
- 112 local merchants and alcohol servers received License Education on Alcohol and Drugs (LEADS) in Tahoe-Truckee.
- 40 local health care providers received Screening Brief Intervention and Referral to Treatment (SBIRT) to help clients who have drug and alcohol related problems access treatment.
- 32 youth, 20 adults and 2 staff have attended over 720 hours of regional and national drug and alcohol prevention trainings.
- Increasing community awareness and media coverage of alcohol and drug abuse.

**Tahoe-Truckee
Parent & Adult
COMMITTED**
TO STOPPING UNDERAGE DRINKING



The Community Collaborative of Tahoe Truckee is a partnership of nonprofit and public organizations working together to address fundamental needs of families in the Tahoe Truckee Region.

The Community Report Card is powered by Results Scorecard. To see full results, visit communitycollaborative.org/community-report-card

For more information, contact Alison Schwedner, Director of the Community Collaborative of Tahoe Truckee, at alison@communitycollaborative.org

