



CCTT Resource Sharing Meeting

Meeting Summary

February 1, 2022

AGENDA ITEM	DISCUSSION	ACTION
<p>1. Welcome</p>	<ul style="list-style-type: none"> The Resource Sharing meeting translation and interpretation provided by Sandra Rentas 	<p>Please complete CCTT's Partner Demographic Form: https://forms.gle/zeZcubh9ds45mJbA7</p>
<p>2. COVID, Access and Equity Panel</p> <p>Rocio Gutierrez, Promotora of Sierra Community House</p> <p>Teri Gilbert-Eisenga, Clinic Director of the Washoe Tribe</p> <p>Dr. Bela Toth, Chief Medical Officer of the Washoe Tribe</p> <p>Dr. Loren Simpson of the Washoe Tribe</p> <p>Jazmin Breaux, Program Manager of Tahoe Truckee</p>	<p>Representatives from the Washoe Tribal Health Center, the Promotoras team at Sierra Community House, and our region's Health and Human Services Department participated in a panel discussion regarding COVID, access and equity.</p> <p>The panelists took turns describing their role in supporting the community. Each panelist credited connectivity, targeted outreach, and public health department support and resources as helpful tools to address health equity.</p> <p>The Promotoras work closely with Nevada and Placer County health to provide ongoing health education, myth debunking, and resource referrals to LatinX community members in Spanish. Being able to deliver messages in the same language as community members has helped build trust and rapport as well as greater access to COVID-19 testing and vaccine resources.</p> <p>The Washoe Tribal Health Center's mission is to protect, preserve, and enhance the spiritual, cultural, and physical values and resources of the Washoe Tribe of Nevada and California, by maintaining the customs and heritage of its ancestors. The Center provides primary and acute care as well as vaccine and preventative care. With support from the</p>	

Health and Human Services

Indian Health Service, the center was able to stay open throughout the pandemic and scale up services as well as pivot to offer greater telehealth services. The center has seen less disparity during the pandemic than with other health issues due to the great access to resources. Solutions came from the community itself.

Nevada and Placer County Health departments were very focused on increasing health equity through community targeted messaging and working directly with community members. They continue to provide information to community members on how to access free masks and testing kits from the federal government.

Lessons Learned:

Washoe Tribal Health Center

- Listen to the community first, last, and all along the process.
- Meet community members where they are at.
- Focus on the health and well-being of community members as the cornerstone of work regardless of the extenuating pandemic as pandemics will come and go.
- Sharing information, instant command, adaptation by their department and community resiliency
- Opening up weekly meetings to community members.

Promotoras

- Collaboration is key
- Adapting message and program to the population trying to serve. For example, phone calls during isolation, door-to-door contact, and meeting community members where they are at.
- Resiliency
- People learned to value family and each other.

County:

- Public health is underfunded. The pandemic highlighted a need at the state level to better fund county departments.
- Better today at getting information out (All messaging needs to be translated and published at the same time.

Read this [article](#) shared by Jazmin Breau for more information on how to get a free mask.

There can't be English messaging first and then Spanish second.)

- Impact of one-one and wrap-around support.
- Contract tracing was critical in keeping vulnerable populations safe.

After the Panel Q & A, participants broke into small groups to discuss, "What's going well? Challenges? And anything that CCTT can help support?"

Large Group Recap:

- The hospital is seeing a lack of social skills, emotional maturity in students. It seems everyone is 2 years behind. Thinking about how we can improve social skills in age appropriate groups.
 - Placer County Substance Abuse work plan includes upstream services to work with elementary school students to foster adult and peer connections.
 - Work will begin mid-February and is expected to begin with outreach support to Kings Beach Elementary and Tahoe Lake School.
- Discussed the possibility of having youth vaccine clinics at the school because of low COVID-19 vaccine rates for youth under 12. This is a standing item that keeps being revisited with the Immunization Coalition, which discusses vaccine outreach. Currently the Coalition has no plans to host clinics at school sites; however the Coalition will keep the idea under consideration.
- Child care continues to be a big need in the community. Many in-home providers are afraid to offer it in their home because of COVID. CCTT has been convening child care providers and has an opportunity to work with a consultant to do some strategy work around universal pre-K.

Contact River Coyote at Placer County rcoyote@placer.ca.gov if you would like to volunteer and help. Spanish speaker preceptors are impactful.

The KidZone Museum offers scholarships and a free Girls Who Code Club program in the Spring and Outreach Monday ifor outreach groups and families. Contact Nataly at nataly@kidzonemuseum.org if interested.

Pre-teen vaccination week is the end of February and has messaging that includes the COVID vaccine in Spanish and English. Click [here](#) to view.

<p>CCTT Alison Schwedner Director</p>	<ul style="list-style-type: none"> • CCTT is launching the Community Engagement and Behavioral Health Survey at the end of the month. This will be the second time. The first survey was launched in 2020. Ask Kristina@ttcf.net for a pdf copy. • CCTT is also beginning to launch its Behavioral Health Roll out plan. 	
<p>Jazmin Breaux, Program Manager of TTHHS</p>	<ul style="list-style-type: none"> • The 2022 Point in Time Count is February 24th to count where people slept the night of Feb 23rd. • Engaging businesses, community groups are being asked to help get a complete count. • The count isn't a full picture of homelessness in our area but it is crucial for funding and resources. • For the purpose of this effort, unsheltered individuals will be defined as persons sleeping in their Vehicle (Car, van, RV, Truck), the woods or outdoor encampment, or any other location not meant for full-time living (abandoned building, bus stop, emergency shelter, ect). Individuals staying with friends or "Couch Surfing" will not be counted in these specific efforts. • Gift cards are available as an incentive. 	<p>Learn more here and volunteer to help by emailing info@mountainhousingcouncil.org.</p> <p>Read more about the Point in Time Count here.</p>
<p>Cristina Cruz Navarro Adventure Risk Challenge</p>	<p>ARC is hosting an ice skating event for high school students on Saturday, February 12th at Tahoe City Winter Sports Park. No cost to participate. Contact Cristina Cruz Navarro in Spanish or English at cristina@adventureriskchallenge.org or 530-501-0158 for more information or to sign up.</p>	
<p>Nataly Zarate KidZone Museum</p>	<p>KidZone Museum Puppets with Chris Arth</p> <p>February 16 11 AM</p> <p>The KidZone is open Wednesday-Saturday, 10:30am-3pm (9-10:30 AM members-only hours). Visitation requirements can be found at https://kidzonemuseum.org/reopening/ KidZone Scholarships for annual memberships can be found at https://kidzonemuseum.org/become-a-member/.</p>	
<p>Community Support Network Melody Easton, Board Member</p>	<p>Presentation by Medical staff at Tufts around Healthy Outcomes From Positive Childhood Experiences (HOPE) Feb 2nd from 3:30-5:00 PM. Register Here.</p>	

<p>TTCF Phyllis McConn</p>	<p>The Tahoe Truckee Community Foundation (TTCF) partners with local scholarship committees to make more than 90 community scholarships available every year! This helps more students attend college and vocational schools. Most of the scholarships granted last year were need-based.</p> <p>2022 Scholarships are open for applications for any graduating senior in the Tahoe Truckee Unified School District. Deadline is March 31. TTCF provides an online platform with a common application. Learn more.</p>	
<p>River Coyote Placer County</p>	<p>Cannabis Prevention film for ages 12-18 is now available in English and with Spanish subtitles. It's made for youth and is being used in middle schools. The film includes a discussion guide.</p>	<p>Contact River Coyote if you would like to discuss or show it to your group at rcoyote@placer.ca.gov</p>
<p>Lizzy Henasey</p>	<p>New event to celebrate heart month. February 11 7:00-8:30 AM (Fasting lab draw) Know Your Numbers Heart Health Screening - \$50 No appointment necessary and head to Tahoe WoRx Occupational Health and Wellness at 10175 Levon Ave, Truckee</p> <ul style="list-style-type: none"> ● Cholesterol (Lipid panel) ● Blood Pressure ● Weight/ BMI/ Percentage of Body Fat ● Blood Glucose Test ● 15 minute consultation with our Dietitian <p>Follow up: 15-minute virtual appointment will be scheduled at the time of your blood draw.</p>	
<p>Next Meeting</p>		<p>March 1, 2022. Register Now.</p>