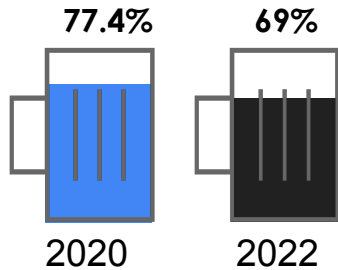




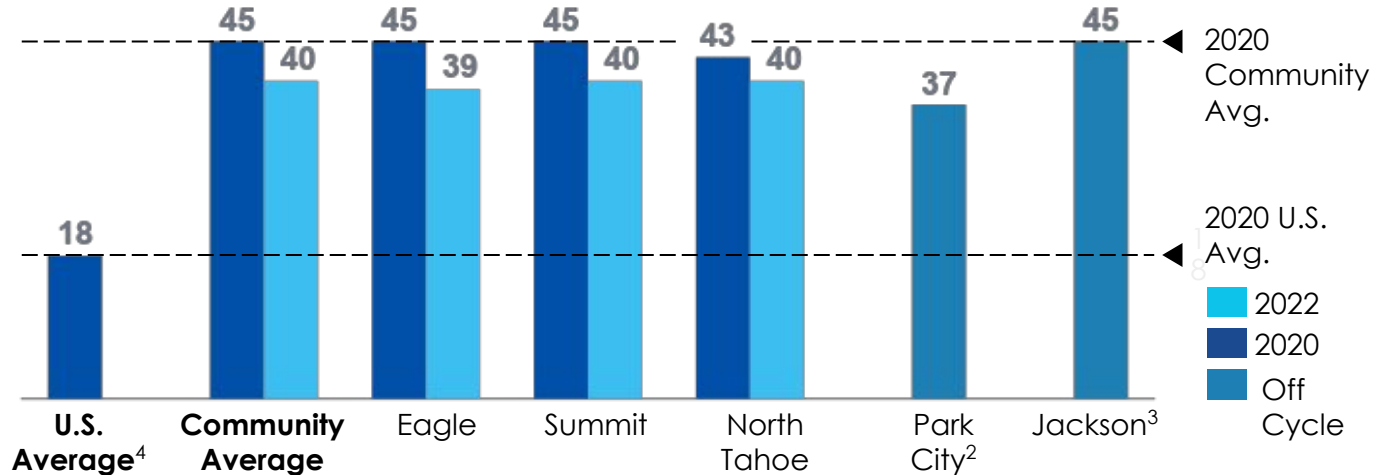
SUBSTANCE ABUSE DATA 2022 PRC REPORT LINK PG 58-66

WHILE OUR COMMUNITIES DRINK MORE THAN U.S. AVERAGE, RATES HAVE GONE DOWN

Percent of adults
that in N. Tahoe
who believe
alcohol is important
to social life⁵

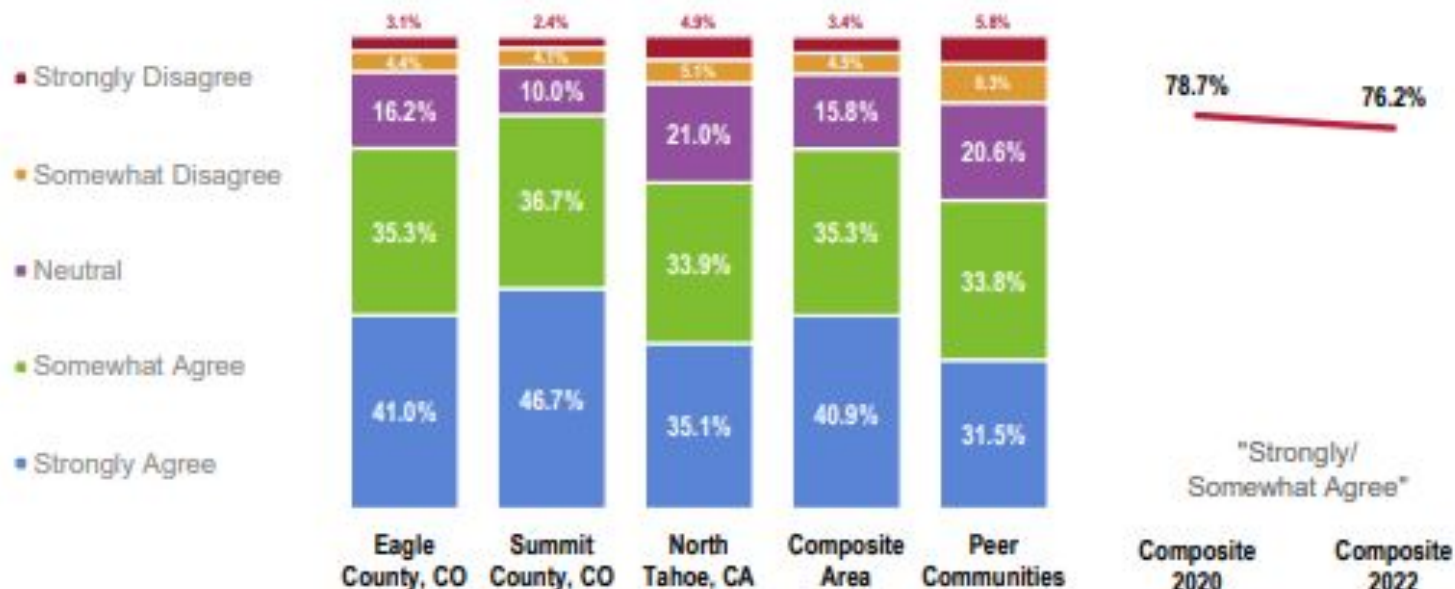


Percent of adults that are excessive
drinkers¹



A drop in excessive drinking follows a slight dip in people viewing alcohol as important to social life

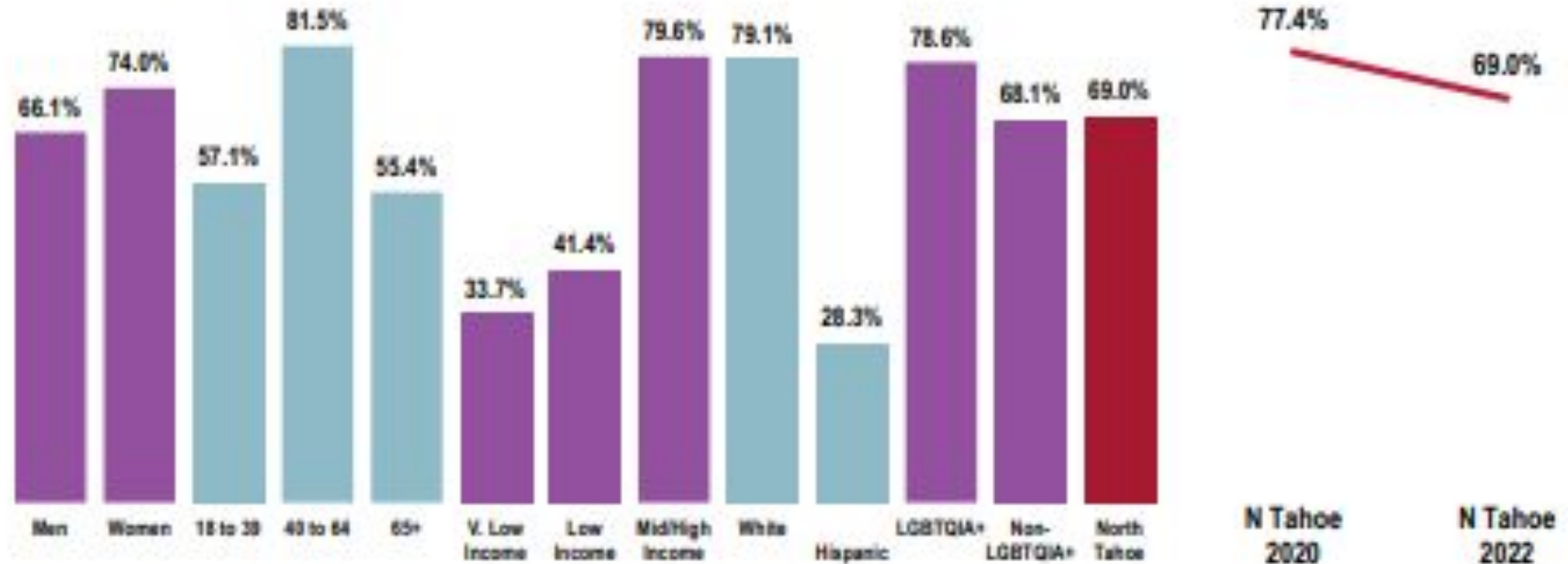
"For Most People in This Community, Alcohol Is Important to Social Life" (2022)



Sources: • PRC Community Engagement & Behavioral Health Survey; PRC, Inc. [Item 26]

Notes: • Asked of all respondents.

% ALCOHOL IS IMPORTANT TO MOST PEOPLE'S SOCIAL LIFE (STRONGLY/SOMEWHAT AGREE) (NORTH TAHOE: 2022)



Sources: • PRC Community Engagement & Behavioral Health Survey; PRC, Inc. [Item 26]

Notes: • Asked of all respondents in North Tahoe.

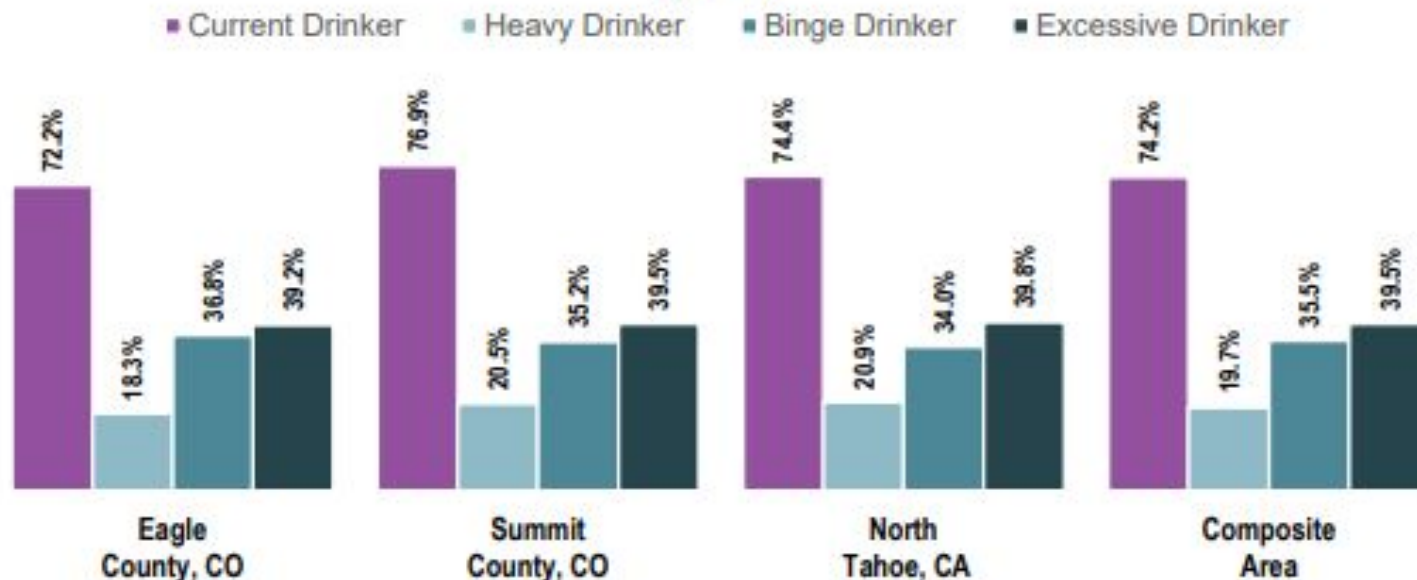
ALCOHOL DEFINITIONS

Personal Alcohol Use

DEFINITIONS

- **Current drinkers** are adults who had at least one drink of alcohol in the past 30 days.
- **Heavy drinkers** are those who drank more than two drinks per day on average (for men) or more than one drink per day on average (for women) during the past 30 days.
- **Binge drinkers** are adults who drank 5 or more drinks on a single occasion (for men) or 4 or more drinks on a single occasion (for women) during the past 30 days.
- **Excessive drinkers** are those who report either heavy drinking or binge drinking (as defined above) in the past 30 days.

ALCOHOL USE 2022



Sources:

- PRC Quality of Life Surveys, Professional Research Consultants, Inc. [Items 49-53]
- Behavioral Risk Factor Surveillance System Survey Data, Atlanta, Georgia, United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2020 data.

Notes:

- Asked of all respondents.
- Current drinkers had at least one drink of alcohol in the past 30 days.
- Heavy drinkers are adults who drank more than two drinks per day on average (for men) or more than one drink per day on average (for women) during the past 30 days.
- Binge drinkers are adults who drank 5 or more drinks on a single occasion (for men) or 4 or more drinks on a single occasion (for women) during the past 30 days.
- Excessive drinkers are those who report either heavy drinking or binge drinking in the past 30 days.

EXCESSIVE DRINKERS (NORTH TAHOE: 2022)



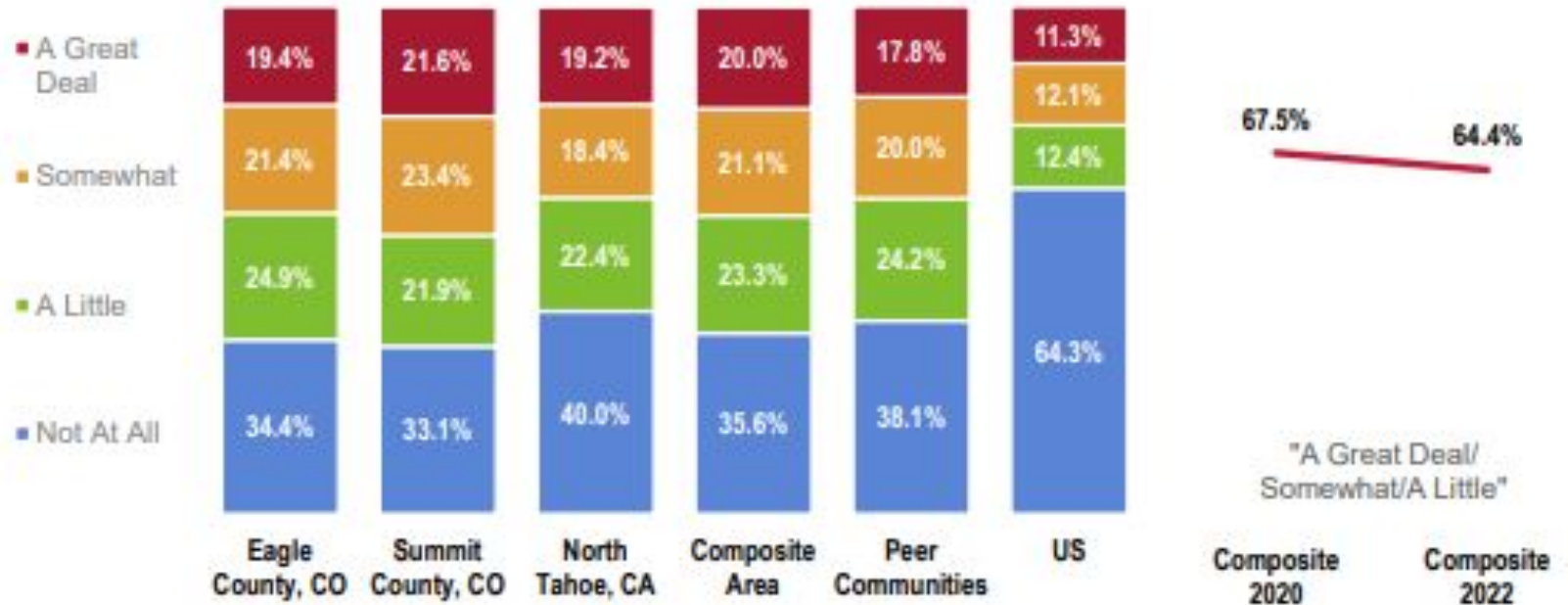
Sources:

- PRC Community Engagement & Behavioral Health Survey; PRC, Inc. (Item 53)
- Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services, Centers for Disease Control and Prevention (CDC): 2020 data.

Notes:

- Asked of all respondents in North Tahoe.
- Excessive drinking reflects the number of persons aged 18+ who drank more than two drinks per day on average (for men) or more than one drink per day on average (for women) OR who drank 5 or more drinks during a single occasion (for men) or 4 or more drinks during a single occasion (for women) during the past 30 days.

DEGREE TO WHICH LIFE HAS BEEN NEGATIVELY AFFECTED BY SUBSTANCE ABUSE (SELF OR OTHER'S) (2022)

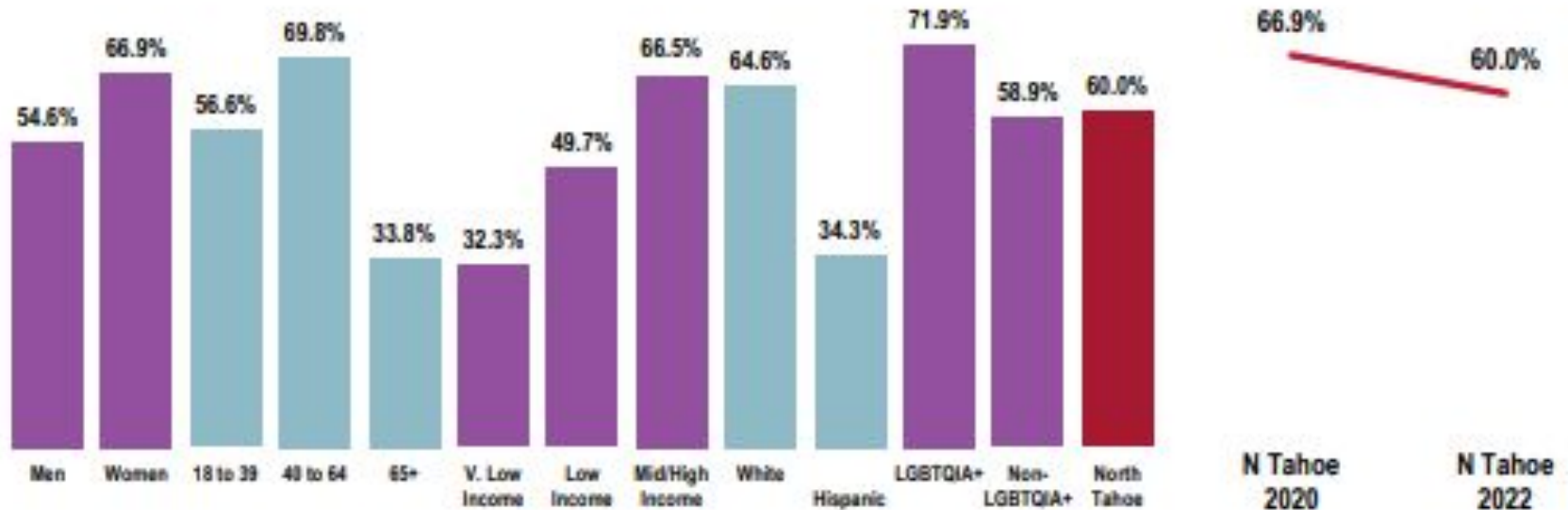


Sources: • PRC Community Engagement & Behavioral Health Survey; PRC, Inc. [Item 30]

• 2020 PRC National Health Survey; PRC, Inc.

Notes: • Asked of all respondents.

DEGREE TO WHICH LIFE HAS BEEN NEGATIVELY AFFECTED BY SUBSTANCE ABUSE (SELF OR OTHER'S) (LAKE TAHOE: 2022)



- Sources:
- PRC Community Engagement & Behavioral Health Survey; PRC, Inc. [Item 30]
 - 2020 PRC National Health Survey; PRC, Inc.
- Notes:
- Asked of all respondents in North Tahoe.
 - Includes response of "a great deal," "somewhat," and "a little."

California Healthy Kids Survey Tahoe Truckee Unified School District 2021 Results and Trend Analysis



TTUSD Drug & Alcohol Trends Over Time

30 Day Use 9th Grade Core Drugs Comparison 2010-2021



Students Reporting ALCOHOL use in the Past 30 Days

TTUSD	2010	2012	2014	2016	2018	2021
Grade 7	13%	10%	9%	7%	4%	3%
Grade 9	33%	36%	33%	11%	12%	9%
Grade 11	42%	52%	47%	31%	22%	14%

Students Reporting BINGE DRINKING in the Past 30 Days (5 or more drinks in a row)

TTUSD	2010	2012	2014	2016	2018	2021
Grade 7	7%	3%	3%	1%	1%	1%
Grade 9	19%	29%	19%	4%	4%	3%
Grade 11	29%	47%	32%	20%	15%	9%

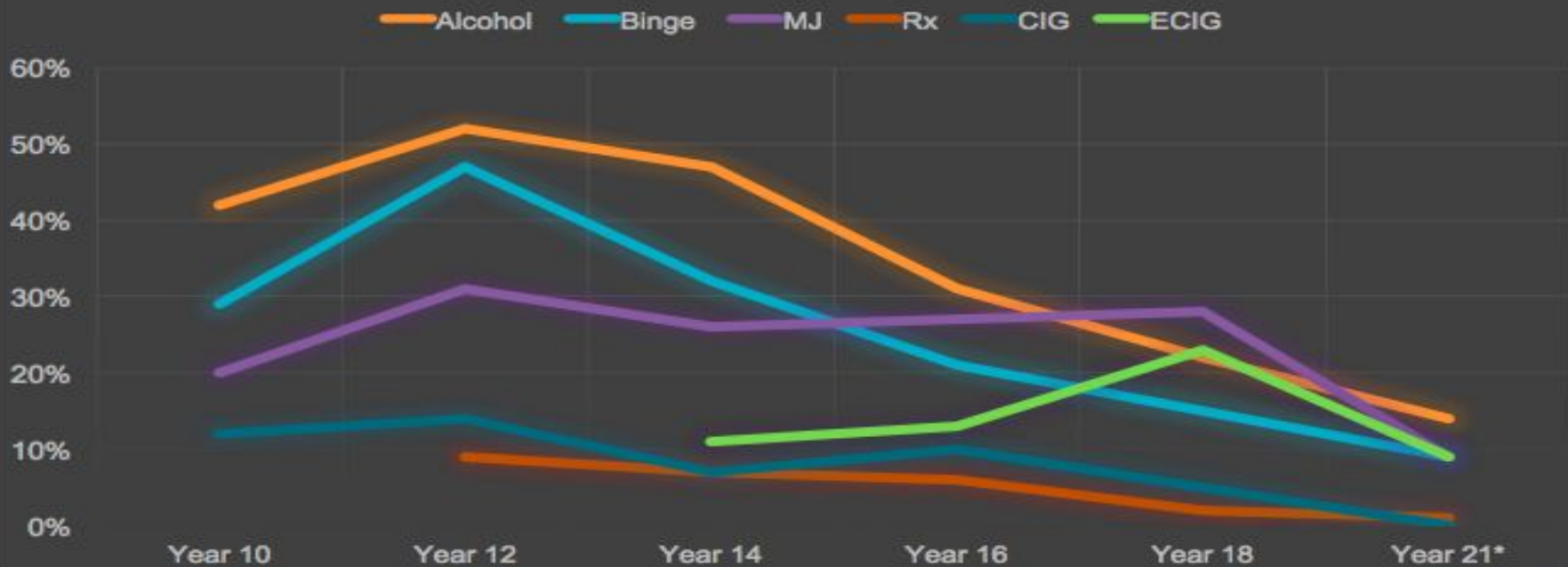
Students Reporting MARIJUANA Use in the Past 30 Days

TTUSD	2010	2012	2014	2016	2018	2021
Grade 7	7 %	4 %	5 %	2 %	1%	1%
Grade 9	18 %	21%	23 %	17 %	4%	3%
Grade 11	20%	31 %	26 %	27 %	15%	9%

30 Day 9th Grade Drug Use Comparison 2010-2021



30 Day 11th Grade Drug Use Comparison 2010-2021



Perceived HARM & AVAILABILITY

TTUSD	Grade 7		Grade 9		Grade 11	
Great to Moderate Harm-Occasional Use	2016	2021	2016	2021	2016	2021
Alcohol	48%	46%	61%	50%	60%	50%
Marijuana	63%	63%	51%	61%	42%	41%
Very and Fairly Difficult to Obtain						
Alcohol	30%	23%	16 %	12%	13%	13%
Marijuana	31%	27%	11%	14%	5%	10%

Students Reporting Current Use of E CIG/VAPE Products

TTUSD	2014 E cig	2016 E cig	2018 E cig	2021 Vape
Grade 7			3%	5%
Grade 9	17%	6%	15%	8%
Grade 11			12%	9%

(9th Grade Cigarette vs. Vape Tobacco) 2010 -2021

