



## CCTT Resource Sharing Meeting

Meeting Summary

September 6, 2022

AGENDA ITEM	DISCUSSION	ACTION
<b>1. Welcome</b>  Timestamp: 0:00-6:29	<ul style="list-style-type: none"> <li>The Resource Sharing meeting translation and interpretation provided by Sandra Rentas</li> </ul>	Please complete CCTT's Partner Demographic Form <a href="#">here</a> .
<b>2. Speed Networking with twine for Zoom</b>  Timestamp: 0:06:29-0:17:27	<ul style="list-style-type: none"> <li>CCTT piloted a new Zoom app called twine for Zoom. The app gives us more options for speed networking, tag based matching, and virtual tables – all without leaving Zoom!</li> <li><u><a href="#">Instructions for using twine for Zoom.</a></u> <ol style="list-style-type: none"> <li>Download the app <a href="#">here</a>. If the prompt says "Request to Add", submit the request to your Zoom admin to download the app.</li> <li>Ensure you join the meeting from the Zoom desktop client, if possible. Although you'll still be able to participate in the meeting from the web client or mobile, the experience will be best from the desktop app. Need the Zoom Desktop Client? <a href="#">Visit the Zoom Download Center</a></li> <li>To be able to fully participate in the twine for Zoom app in the meeting, you will need to be on version 5.11.0. Here's <a href="#">how to check</a> and update your Zoom version.</li> </ol> </li> </ul>	Reach out to <a href="mailto:kristina@ttcf.net">kristina@ttcf.net</a> if you have any questions or want to test the application.  We plan to use this app in future meetings so please download if you are able to.
<b>Resource Sharing Around the Room</b>		
AGENDA ITEM	DISCUSSION	ACTION
Clare Novak United for Action	<ul style="list-style-type: none"> <li>Winter Warmth and Warmness - a successful annual event that offers community members clothing, household and hygiene items, and non-perishable food- will be early this year. The event will be Saturday, November 5th at the Kings Beach Event Center from 2-5 pm.</li> <li>Volunteers and donations are needed.</li> <li>Donation collection and sign-ups starting soon! Contact Lorena Herrera at <a href="mailto:orenaA@sftahoe.org">orenaA@sftahoe.org</a> or 530.412.3683 for more information or to help.</li> </ul>	
Sharon Silva and Jazmin Karns, Sierra	<ul style="list-style-type: none"> <li>Truckee Elementary School Family Room is back in person Monday-Friday, 10:00 AM - 12:00 PM. The Family Room is a free, Bilingual school readiness program for</li> </ul>	

Community House	<p>children, 0-4 years old, and their parents or caregivers. Children can develop early learning skills, play, sing, read and engage with one another in a creative and safe environment. For more information contact, Sharon at (530) 414-7374 or at <a href="mailto:ssilva@sierracommunityhouse.org">ssilva@sierracommunityhouse.org</a>.</p> <ul style="list-style-type: none"> <li>• Mom's cafe will begin Oct 4th and run on Tuesdays from 10-11:30 at SCH's Kings Beach office. The program is for pregnant or new moms (with children up to 1-year-old) to get resources and support.</li> <li>• A parenting support group with Beatriz and Rocio will run on Wednesdays beginning September 28 from 6-7:30 PM. The program is for parents of children ages 0-18-years old. Child care will be provided in partnership with the KidZone.</li> <li>• Arte y Empoderamiento will run 9/13-11/11 on Tuesdays . It will be in Spanish at the Community House in Kings Beach from 12-2 PM. Topics will be related to domestic violence and healthy relationships.</li> <li>• Somne Program with Paula Lauer begins 9/15 and will be offered virtually from 6-8 pm in Spanish.</li> <li>• There will be a COVID/Flu clinic at the Kings Beach office on 10/12.</li> </ul>	
Lizzy Henasey and Reyna Sanchez, Tahoe Forest Hospital, Wellness Neighborhood	<ul style="list-style-type: none"> <li>• The Lion's Club is organizing a free health fair on Sep 24, 10am-4pm at the Truckee Donner Park and Recreation Center. There will be free health screenings for vision, dental for children (fluoride varnish), diabetes, blood pressure, and Placer County will offer immunizations.</li> <li>• Check out <a href="#">Health and Wellness Events</a>: Building Better Caregivers, 9/28-11/9, 9-11:30; Diabetes Self Management Program, 9/28-11/2; and the Chronic Pain Self-Management Program, 10/10-11/21, 1-3:30 pm. There will also be a diabetes prevention program in Kings Beach in Spanish from 5:30-6:30 pm every Monday for one year, starting 9/12 at the Event Center.</li> </ul>	
Patti Lara, Sierra Community House	<ul style="list-style-type: none"> <li>• The Close to Home project is hosting two events: <ul style="list-style-type: none"> <li>◦ Tuesday, 9/13, 5:30-7 pm- a writing workshop with a focus on journaling at the Truckee Library and Wednesday,</li> <li>◦ Wednesday, 9/21, 3 pm- Nature for All event at Donner Lake in collaboration with the Tahoe Institute of Natural Science. The event will focus on anxiety and stress release practices as well as fun activities.</li> </ul> </li> </ul>	
Meri Mohr and Susan Sanford, Connecting Point 211	<ul style="list-style-type: none"> <li>• Market Money Program- Cal Fresh recipients can bring an EBT card along with a flier to receive \$30 in free tokens to use at the farmer's market at the Truckee Regional Park.</li> </ul>	

	<ul style="list-style-type: none"> <li>211connectingpoint.org has an orange banner at the top of its website with links to a page of Extreme Heat Resources and a page of Wildfire Resources for Nevada County. The Wildfire Resources page for Placer County is coming soon.</li> </ul>	
Nataly Zuarte, KidZone Museum	<p>All KidZone Museum Events free with admission:</p> <ul style="list-style-type: none"> <li>Puppets with Chris Arth- Wednesday 9/21 @11am at the KidZone, 9/14 at the Truckee Family Room and 9/15 at the Kings Beach Family Room.</li> <li>Bilingual Singalong with Brooke Chabot- every first Tuesday of the month at 11:30 AM.</li> <li>Family Farm festival 9/24, 10-2. Free event and admission. Petting zoo, crafts, and face painting.</li> <li>KidZone will be at the Mexican Heritage day 9/17 from 12-8 with activities.</li> <li>KidZone Museum is hiring for a <a href="#">Facility Cleaner</a> and a <a href="#">Part-Time Guest Services Attendant</a></li> </ul> <p>KidZone Scholarships for annual memberships can be found at <a href="https://kidzonemuseum.org/become-a-member/">https://kidzonemuseum.org/become-a-member/</a> or email <a href="mailto:nataly@kidzonemuseum.org">nataly@kidzonemuseum.org</a></p>	
Kaela Frank, Adventure Risk Challenge	<ul style="list-style-type: none"> <li>Kaela is in a new role with ARC as the Program Manager. Cristina will continue in her role and be joined by new member and summer instructor Maddie Leh.</li> <li>6 TTUSD students graduated from the 1-month summer immersive program and will continue with ARC in a year-long community leadership program. Upon completion of the program, the students will receive a \$1K post-secondary school scholarship.</li> <li>ARC is facilitating a weekly program with 9th grade students at NTHS.</li> <li>And hosting open enrollment outdoor experiences once a month for any high school student.</li> <li>Make any student referrals to Cristina at <a href="mailto:cristina@adventureriskchallenge.org">cristina@adventureriskchallenge.org</a> or Maddie at <a href="mailto:maddie@adventureriskchallenge.org">maddie@adventureriskchallenge.org</a></li> </ul>	
Heather Schwartz, SOS Outreach	<ul style="list-style-type: none"> <li>SOS is still recruiting adult volunteer mentors for the winter ski/snowboard program. Work with a small group of youth and participate in ride days, leadership, and service learning. Training provided.</li> <li>Contact Heather at <a href="mailto:hschwartz@sosoutreach.org">hschwartz@sosoutreach.org</a> if interested.</li> </ul>	
Cindy Maciel, TTUSD Early Learning	<ul style="list-style-type: none"> <li>The KB family room is open from 9-11 am. It is drop in. Parents/Caregivers need to bring ID to check in at the front desk as part of TTUSD protocols.</li> <li>The 19th annual child development conference will be 10/1 at the district office. The theme this year is “Better Broken”. The conference will celebrate the craft and</li> </ul>	

	<p>acknowledge challenges over the last couple of years. <a href="#">Learn more here</a>. Anyone who is a giver is invited.</p> <ul style="list-style-type: none"> <li>• Preschool started 9/6. STEPP started the previous week. There is a waitlist; however, interested families should still apply.</li> <li>• TTUSD is hiring for many positions. Learn more: <a href="http://www.ttusdjobs.org">www.ttusdjobs.org</a></li> <li>• Adult Ed programs (GED program and English-Language program) are running. <a href="#">Learn more</a></li> </ul>	
Barbara Kane, TTUSD	<ul style="list-style-type: none"> <li>• TTUSD is hiring for a <a href="#">Bilingual Interpreter/Translator and Community Liaison</a></li> <li>• First back-to-school-night is 9/8 at Tahoe Lake Elementary. The bilingual team is supporting families with data confirmation and food source applications. Even though the food service program is free, it is important for families to continue to complete applications because it will allow them to qualify for other programs. <a href="#">Learn more here</a>.</li> <li>• The La Raza club is bringing back La Reyenas as a fundraiser at the <a href="#">Mexican Heritage Festival</a> 9/16-9/17. There will be 6 girls from TTUSD in the festival.</li> </ul>	
Katie Combs Prichard, Placer County HHS PIO	<ul style="list-style-type: none"> <li>• Take the Community Themes and Strength assessment, which is a community-driven health improvement initiative through the Placer County Health and Human Services - Public Health Division. The assessment seeks to answer two key questions about Placer County: 1) What health issues are important to our community? And 2) How is quality of life perceived in our community?</li> <li>• Starting a new Bilingual text campaign called Get Help Placer or AYUDACOMUNITARIA with Connecting Point to promote social service programs and events throughout the year on a text line (10K subscribers) and on social media. <a href="#">Submit your submissions here</a>.</li> </ul>	<a href="#">Take the Survey in English</a> <a href="#">Take the Survey in Spanish</a>
Beatriz Schaffert, Nevada County Public Health and CAPC	<ul style="list-style-type: none"> <li>• There will be a Truckee COVID clinic event on 10/11, 3:30-5:30 pm in collaboration with the SCH food distribution. COVID and Flu vaccinations will be available. Schedule your appointment online at <a href="http://MyTurn.ca.gov">MyTurn.ca.gov</a> or by phone at (530) 582-7814 / (530) 802-3679.</li> <li>• Pfizer vaccines for children aged 6 months+ and flu shots for children 3 years+</li> <li>• Ongoing vaccines available 1st and 3rd Monday of each month by appointment only.</li> </ul>	
Shannon Decker, The Speedy Foundation	<ul style="list-style-type: none"> <li>• September is Suicide Prevention Month.</li> <li>• News: 988 is the new Nationwide Lifeline Number that went live in July</li> <li>• Training: free, online &amp; on-demand <i>Question, Persuade, Refer (QPR) training</i>:</li> </ul>	

	<ul style="list-style-type: none"> <li>○ Instructions: Click here: <a href="http://qprtraining.com/setup2">qprtraining.com/setup2</a>. Enter this code: SPEEDYFOUND3. Select Create Account4. Complete and submit your registration form5. QPR will display (and email you) the newly created Username and Password6. You can then log-in to begin training at <a href="http://qprtraining.com">qprtraining.com</a>7. Learn to save a life.</li> </ul>	
Peggy Martin, Big Brothers Big Sisters	<ul style="list-style-type: none"> <li>● Recruiting volunteers for one hour a week or a few hours a month. Truckee High School students can earn community hours by participating in the mentoring program in collaboration with Boys and Girls Club.</li> <li>● Recruiting Truckee or Nevada County Board members</li> <li>● Contact Peggy at <a href="mailto:peggy@bbbsns.org">peggy@bbbsns.org</a> with referrals.</li> </ul>	
Cathie Foley, North Tahoe Truckee Homeless Services	<ul style="list-style-type: none"> <li>● If your organization would like rack cards to share with any unhoused or under-housed neighbors please let me know, sample attached! And we are getting ready for the winter season and taking donations of gently new or used items you can get that information <a href="#">here</a>.</li> </ul>	

Tahoe Forest Health System Community Health Needs Assessment Presentation by Lizzy Henasey, Population Health Analyst  
Timestamp: 0:20:15-0:46:15

- The hospital is required to conduct the Community Health Needs Assessment (CHNA) to identify strengths, gaps and opportunities in meeting the health and health care needs of our community. This assessment is then used to develop a Community Health Improvement Plan.
- This is the 4th completed assessment
- Since 2011, the assessment has used standardized questions for comparison at the state and national level, as well as custom questions too.
- **Methodology:** 432 adults responded in a randomized sample based on zip code and 146 adults responded to a targeted sample of socio-economically disadvantaged adults who have been historically underrepresented in the randomized sample.
  - This survey overall is reliable and can be compared to the broader population. There is some bias in that it did not capture enough 18-34 year olds. But again overall it is a reliable survey.
- **Primary focus areas:** Prevention and wellness, substance misuse, mental/behavioral health, chronic disease, health disparities
- **DATA FINDINGS**
  - Overall substance misuse continues to be a concern with 1 in 3 TFHS residents reporting elevated substance use.
  - The level of binge drinking at 28% is much higher than CA rate of 16% and NV rate of 17.2%
  - Mental behavioral health continues to be a concern. 1 in 5 residents had a depressive disorder diagnosis. This has increased since 2017. 19.5% TFHS, 14.1% CA and 17.6% Nevada
  - Overall chronic condition indicators are mixed. However BMI is a concern. 1 in 2 residents self-report being overweight or obesity.
  - Engagement in positive health behaviors mostly declined when compared to 2017. Positive uptake on vaccines for flu and COVID.
  - Health Disparities Data
    - SED respondents were less likely to have had a cancer screening

- SED respondents reported more access to care barriers. More likely to have language barriers, transportation barriers, literacy challenges, unfair treatment, and lack a PCP and health insurance.
  - SED residents reported more positive health behaviors and symptoms in some areas
- COVID-19 Indicators
  - Economic hardships were much more common in 2021 than in 2017.
  - SED respondents were more significantly impacted by COVID than the population overall.
- **Next Steps:** TFHS will finalize formal needs assessment this fall and share on their website and through CCTT. The final report will include additional data sources like the CA Healthy Kids Survey and County Health data. It will also be disaggregated in numerous ways. Once finalized, TFHS will work with the community to develop a plan.

Connecting Point 211 Presentation by Tiffany Lombardi, Resource Specialist  
Timestamp: 0:46:15-1:09:00

- Over the past year, CCTT has been developing a Community Organizations Active in Disaster (COAD) blueprint for the Tahoe Truckee region. Connecting Point 211 will oversee the work and recently hired Anne Rarick as the new COAD manager. Anne previously worked as the Director of Hunger Relief at the Sierra Community House.
- Connecting Point 211 is a 24 hour contact center available 365 days a year that provides multilingual referrals and resources to Placer County, Nevada County and the Tahoe Truckee area.
- 211 has its own resource database that is maintained by Tiffany and Susan Stanford as well as additional services like CalFRESH, Medi-CAL and Senior Navigation; a COVID-19 Call Center; the Ready to Grow partnership with Nevada County; mobility management; Kick it CA- a tobacco cessation program; and housing and homelessness assistance by completing coordinated entry for Nevada and Placer counties.
- 211 is the disaster call center for Placer and Nevada Counties as well.
- To enroll into the GetHelp Placer text campaign (mentioned earlier by Katie), text gethelpplacer to 898211 for English or ayudacomunitaria al 898211 para Espanol. To submit events/resources, fill out this [survey](#). (events in Nevada County can be submitted as long as they serve Placer County residents as well).
- Tahoe Truckee Stats: In 2022 to date, 650 calls from Tahoe Truckee. Top needs housing, health care and utility assistance. Top referrals coordinated entry, Sierra Community House, and TFHS.
- Connect to Connecting point by dialing 2-1-1 or 1-833-Dial211 or visit their website: <https://211connectingpoint.org/>
- Connect directly to Tiffany at TiffanyL@connectingpoint.org or 1-530-277-0033.
- [Order 211 materials here](#) to share with your clients and partners.

Next Meeting

October 4, 2022