



CCTT Resource Sharing Meeting

Meeting Summary

October 4,, 2022

AGENDA ITEM	DISCUSSION	ACTION
1. Welcome and Networking	<ul style="list-style-type: none"> The Resource Sharing meeting returned in person at the Truckee River Regional Park. Partners played “Get to Know You” Bingo as a networking activity. 	
Resource Sharing Around the Room		
AGENDA ITEM	DISCUSSION	ACTION
Alyce Cady Tahoe’s Connection for Families	<ul style="list-style-type: none"> New Parent Pod: Tuesdays and Thursdays from 1:00-2:00 PM. In person and virtual. Free parenting support and education for families with newborns to 3 months old. Healing Hearts: 3rd Tuesday- Free support group for women and families to talk about miscarriage and fertility issues. Parenting Education: (Monday and Thursdays) Provides parents with the tools and resources to address the toughest parenting challenges. Parents of young toddlers (12-42 months) can choose to attend a Parenting Class while their little one plays in the gym and wheel rooms with TCF staff. https://www.tcfkids.org/ or call (775) 832-8230 to learn more. 	
Anne Rarick, Tahoe Truckee COAD Manager, Connecting Point 211	<ul style="list-style-type: none"> Connecting Point 211 on behalf of a grant with Nevada County is placing trained participants (ages 16-30) in paid internships with local non-profits that address food insecurity, climate, and COVID-19 recovery. Nonprofits: Develop local talent and support your organization by providing an internship to a Youth Jobs Corps participant. Learn more and find interns here. Youth and Young Adults: Build your resume while addressing Tahoe-Truckee's most urgent needs. Get paid while you learn. Find out how to participate here. 	
Christian Couto, RADT Granite Wellness Centers	<ul style="list-style-type: none"> Christian is Registered Alcohol/Drug Technician with Granite Wellness Adolescent Services. He will be at Truckee H.S. on Mondays and can take on other youth who need support. Saturday in Auburn join Walk Out of the Darkness for suicide prevention. 	
Julia Tohlen, Truckee North Tahoe/Transportation	<ul style="list-style-type: none"> Truckee North Tahoe Transportation Management Association is trying to identify any transit needs that are not currently being met in the Tahoe region through an "Unmet Transit Needs" survey. Feedback determines future policy for not only transit requests but roadway projects. 	

<p>Management Association</p>	<ul style="list-style-type: none"> ● Workshop for feedback October 6. Feedback can still be given after the workshop through the survey or by contacting Julia. ● Take the survey in English ● Take the survey in Spanish
<p>River Coyote Placer County</p>	<ul style="list-style-type: none"> ● Placer County in partnership with TTUSD will be screening Angst (screened last Spring) and hosting two parent nights. <ul style="list-style-type: none"> ○ Kings Beach Parent Night in Spanish (11/8) and in person ○ Virtual Parent Night in English (11/9) ○ Code for screening will be active on any Wednesday from 3pm-2am ● There will be flyers coming out soon with more details
<p>Loren Nakai, Sierra Native Alliance</p>	<p>Auburn Big Time - Pow Wow October 15 10 am-9pm The Roseville Fairgrounds*** (Note new location) 700 Event Center Drive, Roseville Honoring Family and Children of Yesterday and Today. Gourd Dance at 11 AM Grand Entry at Noon Intertribal Dancing to 9 PM For more information visit sierranativealliance.org.</p> <ul style="list-style-type: none"> ● Nonprofits can table at the event for \$65 (or another exchange). Contact (530) 888-8767 for more information.
<p>Kim Bateman, Sierra College</p>	<ul style="list-style-type: none"> ● Kim will host a grief workshop on Saturday (10/8) from 10-4. There are 4 slots left.
<p>Erica Mertens, Town of Truckee</p>	<ul style="list-style-type: none"> ● As of today, Erica is no longer the Sustainability Program Manager and is the Town's new Diversity, Equity, and Inclusion Manager. More to come. ● Truckee is hiring for the Sustainability Program Manager.
<p>Heather Schwartz, SOS Outreach</p>	<ul style="list-style-type: none"> ● SOS is still recruiting adult volunteer mentors for the winter ski/snowboard program. Work with a small group of youth and participate in ride days, leadership, and service learning. Training provided. ● Contact Heather at hschwartz@sosoutreach.org if interested. ● In the middle of registering youth for the program with 100 youth registered last week.
<p>Xylem Lara Day, What's Up Wellness</p>	<ul style="list-style-type: none"> ● Conducts wellness checkups based on Columbia University's Teen Screen program and will be at Truckee High in November and makes referrals ● This year they have more clinicians and case managers on staff ● If you would like any promotional materials contact Xylem at xylem@whatsupwellness.com.

<p>Kate Marrone, Liberty Utilities</p>	<ul style="list-style-type: none"> ● Liberty Utilities will be onsite at the Sierra Community House Kings Beach Health Fair on October 12th to discuss enrollment and answer questions related to the California Alternative Rates for Energy program, Energy Savings Assistance Program, residential and commercial energy audits, Access and Functional Needs identification, and the Medical Baseline Allowance program. ● 3:30-5:30 PM ● Contact Kate for more information on their outreach, services and programs at Kate.Marrone@libertyutilities.com
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<p>Abigail Aguiniga, Sierra Community House</p>	<p>Health Fair at Sierra Community House October 12 3:30-5:30 PM Sierra Community House Kings Beach Office 265 Bear St, Kings Beach</p> <ul style="list-style-type: none"> ● Free Flu and COVID vaccines available (Pfizer- all ages, 6+ months and new boosters) ● Blood sugar level and blood pressure screening ● Activities will include dental education and supplies, healthy snack tastings, workshops and resource sharing ● Free food truck will supplies last <p>No appointments needed. For more information call/text 530-414-7391</p>
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Sierra Native Alliance Activity: Connecting with the Pre-Colonial World

- Loren and Anno Nakai of [Sierra Native Alliance](#) joined CCTT to help us recognize and hold space for honoring Indigenous People’s Day and Hispanic Heritage Month. Sierra Native Alliance’s mission is to empower Native youth and families in the Sierra Nevada Foothills through family education, cultural resources and environmental education. They provide domestic violence and substance abuse services.
- Loren sang a traditional song based on “The Lone Woman of San Nicholas Island” to acknowledge the place and people of Washoe County and the resiliency of human beings.
- Anno presented a lesson about the pre-colonial vs post-colonial world values that built on our August meeting of white dominant culture.
 - Anno began the discussion by telling us how difficult it is for Indigenous Peoples to have Columbus Day celebrated as a federal holiday when it represents the historic genocide of Native people. Anno explained that 90% of the native population across the Americas (from Alaska to Latin America) died as a result and those that survived were very resilient and relied on traditional values.
 - From the native perspective pre-colonial/traditional values were:
 - If you take care of nature, nature will take care of you. If you are out of harmony with nature or you violate the laws of nature, there will be a natural consequence.
 - We’re all related
 - There’s a circular worldview or circular concept of time
 - Collaboration
 - Valuing elders

- Family
- Generosity and gratitude
- Post colonial/western values were;
 - Man over nature
 - Linear sense of time and everything is so immediate
 - Production
 - Individuality
 - Youth
 - Competition rather than collaboration
- In the native culture, the consequences of taking on Western values, customs and identity have manifested in disconnection and dissatisfaction, which have led to higher rates of suicide, substance misuse, and poverty.
- Partners took time to think about the lessons of nature and the laws of nature and drew or wrote how these laws applied to their life and work on paper plates.
- Loren closed our meeting with a water blessing.

Next Meeting	Youth Forum	November 1, 2022