



CCTT Resource Sharing Meeting

Meeting Summary

April 4, 2023

AGENDA ITEM	DISCUSSION	ACTION
<p>1. Welcome and Icebreaker</p> <p>Timestamp:</p>	<ul style="list-style-type: none"> ● The Resource Sharing meeting translation and interpretation provided by Sandra Rentas ● Partners wore blue in honor of child abuse prevention month. 	<p>Please complete CCTT's Partner Demographic Form here.</p>
<p>3. Child Abuse Prevention Council</p> <p>Beatriz Schaffert, Coordinator</p> <p>Timestamp:</p>	<ul style="list-style-type: none"> ● CAPC is the primary planning and coordination group for child abuse prevention activities in the North Tahoe Truckee area. Activities over the past year included: life jacket distribution with Truckee Police Department, toothbrush distribution at the Boys and Girls Club, bike helmet distribution at the Kidzone's bike rodeo, 2 community walks, and awareness tables at the library. ● There are many ways you can get involved: Contact Beatriz at TahoeTruckeeCAPC@gmail.com for more information. <ul style="list-style-type: none"> ○ Attend a meeting- on the first Thursday of every other month from 9-10:30 AM to discuss community needs and identify solutions. ○ Display a pinwheel at your place of business or home. ○ Distribute "Celebrate Effort" stickers and bookmarks that list positive ways to talk to children 	
<p>4. Teen Dating Violence</p> <p>Presented by: Sierra Community House Community Education and Prevention Program</p> <p>Timestamp:</p>	<ul style="list-style-type: none"> ● The Community Education and Prevention Program gave a great presentation about teen dating violence. According to the National Domestic Violence Hotline, 1 in 3 adolescents have experienced some form of relationship abuse. ● Teen dating violence (TDV) - also called adolescent relationship abuse - affects millions of young people, and includes physical, psychological, economic, or sexual abuse, harassment, or stalking of any person ages 12 to 18 in the context of a past or present romantic or consensual relationship. ● The presentation started with a powerful PSA video made by and for teens. ● Trisha Baird explained and gave examples of the different types of abuse on the power and control wheel. Using the analogy of the wheel, power and control are at the center (or hub) and the different types of abuse represent the different spokes of a wheel. The more spokes a wheel has, the stronger it is. So, the more types of abuse that are happening in a relationship, the more power and control that an abusive 	<p>If you have any questions, please contact: Själla Schneekloth sschneekloth@sierracomunityhouse.org</p> <p>Trisha Baird, Community Education & Prevention Manager at Sierra Community House, tbaird@sierracomunityhouse.org</p>

	<p>partner is going to have.</p> <ul style="list-style-type: none"> ● She also went on to explain that technology has created an environment unlike any other for teens. Giving the following stats: <ul style="list-style-type: none"> ○ 1 in 4 teens is harassed or abused through technology, and 52% of teens who have experienced digital abuse are also physically abused. ● Christine Popp talked about the cycle of violence in three stages- honeymoon, tension building, and abuse happens. <ul style="list-style-type: none"> ○ As the cycle continues, the time between stages gets shorter and shorter, and the abuse becomes more and more severe. Eventually the honeymoon stage may just disappear. ○ The highest risk for the victim (injury or death) is when the victim decides to leave because the abuser has lost their power and control and will do anything to get it back. ● Christine then went on to talk about warning signs, different barriers to leaving an abusive relationship (including minimization of teen relationships by adults), and consequences. ● As Sjalla Schneekloth mentioned, when there is more time they like to do a role playing activity called “In their own words”. In this activity you make decisions based on what the character is experiencing in a teen relationship. The activity takes about 10-15 minutes. It is self-guided and can be found here: Brandi- https://prezi.com/view/HYlfpSPUND18156LK7a1/ ● Sjalla talked about how to approach conversations with teens and gave the following resources: <ul style="list-style-type: none"> ○ Sierra Community House hotline: 1.800.736.1060 ○ www.lovisrespect.org 1.866.331.9474 or text “Loveis” to 22522 ○ www.thatsnotcool.com (peer to peer support) ● Partners broke into groups to discuss <ul style="list-style-type: none"> ○ What are the differences between teen dating relationships and adult relationships? ○ What are some real-life examples of abuse in teen dating relationships that you have seen/can think of? ○ How can adults support? 	<p>Christine Popp cpopp@sierracommunityhouse.org</p>
<p>5. Healthy Outcomes for Positive Experiences</p> <p>Alyssa Burke, CAPC W. Nevada County Coordinator</p>	<ul style="list-style-type: none"> ● Alyssa gave us an overview of Healthy Outcomes for Positive Experiences (HOPE), which focuses on how positive childhood experiences drive healthy development and mitigate the effects of ACEs. ● Questions about seven Positive Childhood Experiences (PCEs) related to family, friends, and school/the community were added to the 2015 Wisconsin Behavioral Risk Factor Survey (BRFS). The study found that positive childhood experiences buffer against the negative mental health and social/emotional support outcomes in adults 	<p>Alyssa is a HOPE coordinator. She and Beatriz are coordinating to bring a free HOPE training to Nevada County on April 25th, 5:30-7:30 PM. Register</p>

Timestamp:	<p>affected by Adverse Childhood Experiences. You can Download the report here.</p> <ul style="list-style-type: none"> ● Research also shows that the absence of PCEs may be more damaging than the presence of ACEs 	here.
<p>Child Welfare Services</p> <p>Teri Polcene, Nevada County Social Worker III (Emergency Response)</p>	<ul style="list-style-type: none"> ● Avg. number of referrals per month in 2022. (calls that came into the County) <ul style="list-style-type: none"> ○ Truckee: 13 referrals received ○ Tahoe/Placer County: 8 referrals received ○ W. Nevada County: 91 referrals received ○ W. Placer County: 376 referrals received ● Total Referrals Assigned for Truckee 2022 (calls that were investigated) <ul style="list-style-type: none"> ○ 4 immediate (respond immediately) ○ 38 (10 days to respond) ● Cases opened 2022: (cases assigned to a social worker) <ul style="list-style-type: none"> ○ Truckee: 5 cases opened ○ Tahoe/E. Placer: 7 cases opened ○ W. Nevada County: 34 cases opened ○ W. Placer County: 134 cases opened ● Cases opened 2023: <ul style="list-style-type: none"> ○ 1 in Truckee and 4 in W. Nevada County ○ 0 in Tahoe/E. Placer and 34 in W. Placer County 	

Resource Sharing Around the Room

AGENDA ITEM	DISCUSSION	ACTION
Kari Sinoff, Sierra Business Council	<ul style="list-style-type: none"> ● Kari works under the gold country broadband consortium- a grant from the CA Public Utilities Commission to expand broadband deployment and to also close barriers to digital equity. ● Spread the word about the Affordable Connectivity Program (ACP), a federally-funded program that has 14 billion dollars allocated across the nation to close digital equity, and the ACP is affordable to low income families or households. ● Eligible households are able to receive \$30 every month off their home internet service. ● You can apply online here: internetforallnow.org/applytoday 80% of households are successful signing up for the program online ● Or households can call 888-920-2762 to apply. The call center will walk individuals through the process and can get people signed up as quick as 10 minutes. 	Hang flyers in your work location and help spread the word as only 13% of those eligible in Nevada County have enrolled.
Jazmin Breaux, TT Health and Human	<ul style="list-style-type: none"> ● From Nevada County: Medi-Cal ● 25% of our community is on MediCal. During COVID there was a hold on 	

<p>Services</p>	<p>reassessments of eligibility. MediCal is now returning to annual reassessments of eligibility. It is estimated that 20% of MediCal recipients will lose their MediCal coverage with reassessment.</p> <p>How can you support your client through this process?</p> <ol style="list-style-type: none"> 1. ensure they are getting notices by updating their address with MediCal by calling the main line 265-1340 or going online at benefitscal.com 2. clients will receive info or letters from DSS including notification for reassessment 3. if clients are no longer eligible, they will get a notice of action (no longer qualify) and will have 60 days to correct info if needed 4. if no longer eligible client's eligibility worker can help them get connected to other options for health ins <ul style="list-style-type: none"> ● The counties are sending out recertification notifications by mail. Please help remind people to check their mailboxes for these letters. Letters will be based on the time they applied. For example, if someone applied in September of 2019, then they will get their letter in September of 2023. ● Nevada County has a grant for Medi-Cal navigation and so there will be people who can help navigate people through the managed care plans if needed. 	
<p>Julia Tohlen Truckee North Tahoe Transportation Management Association</p>	<ul style="list-style-type: none"> ● The Tart Spring schedule will begin on April 10th, which is a reduction in service. Make sure to check out the schedule at https://tahoetruckeetransit.com/ ● Truckee Tart Connect started a spring pilot program which is running daily from 6:30 AM to 10:00 PM and is serving anywhere within the Town boundaries. It's a free, app based service. 	
<p>Teresa Crimmens, Sierra Community House</p>	<ul style="list-style-type: none"> ● Introduced: Family Support Housing Specialist Judith Arellano, Immigration Specialist Victoria, Legal advocate Carla Aguilar, Housing Coordinator Denise Vegas Zarte, Crisis Advocate Stephanie Rodriguez. The last two positions are funded by a new, rapid rehousing grant that will bring more rental assistance dollars for survivors of violence into our community. 	
<p>Kate Marrone, Liberty Utilities</p>	<ul style="list-style-type: none"> ● Kate introduced the Community Organization Outreach Program, a new program for nonprofits to apply as outreach partners. Partners could receive up to \$30 for each successful Care Program application. The Care program is for low income households and provides a 20% discount each month for residential customers. ● The South Lake Tahoe office is now open ● The Tahoe Vista office is closed until further notice. ● If you are interested in any outreach from Liberty, please contact Kate at 	

	Kate.Marrone@libertyutilities.com, 530-414-3237	
Lizzy Hennasey, Tahoe Forest Hospital	<ul style="list-style-type: none"> • The Wise Mind Series-A Brain Health Promotion Program Did you know that your brain starts to change up to 20 years prior to any outward signs of problems? There are some things we cannot change and there are lots of things that we can! • Join us every month in lively discussions, guest speakers and fun games, as we explore these modifiable lifestyle changes that can help slow and prevent decline. • The Wise Mind Series covers diet, sleep, activity, music, nature, dance, walking, injury prevention, brain games, communication, and so much more! • When: First Tuesday of each month (starting April 4th), 4:00-6:00pm Cost: Free! Where: Eskridge Room off the lobby of the hospital 	
Erica Mertens, Town of Truckee	<ul style="list-style-type: none"> • The Town of Truckee's Communication survey is open until Friday 4/7. They are raffling off a \$250 Visa gift card to a respondent, chosen through a random drawing. • https://www.surveymonkey.com/r/truckeesurveyttcf English • https://www.surveymonkey.com/r/encuestatruckee Spanish 	
Next Meeting		May 2, 2023