

CCTT Resource Sharing Meeting

Meeting Summary July 6, 2021

AGENDA ITEM	DISCUSSION	ACTION
1. Welcome Timestamp: 0:00:00 - 0:05:00	 This Resource Sharing Meeting was provided in Spanish with translation and interpretation services provided by Sandra Rentas.` 	Please complete CCTT's Partner Demographic Form: <u>https://forms.gle/zeZcub</u> <u>h9ds45mJbA7</u>
 2. TART Connect Update Christine Maley-Grubl, Executive Director christinetnttma @gmail.com Sara Monson, Program Manager saratnttma@gm ail.com Truckee North Tahoe Transportation Management Association Timestamp: 	 Christine and Sara gave us an overview of the Microtransit Pilot program, TART Connect, that started June 24th. The program runs daily, 8:00 AM - Midnight through Labor Day. The program is managed by Placer County Public Works and TNTTMA. The program is App based (look up TART Connect in the App store) and on-demand program with a goal of 15 minute max wait time for pick-up. (If anyone does not have a phone, service is accessible by calling (530) 214-5811). Service is curb-to-curb within zones and connections to Regional TART Three Zones: Zone 1: Tahoe City/Dollar Point/Westshore Zone 2: Kings Beach/Tahoe Vista/Brockway/Crystal Bay Zone 3: Incline Village/Crystal Bay Program is free. TART Summer Schedule. Service is offered in most places until 1:00 AM. Regional Park and Ride Program- connecting from Truckee to Tahoe City on the weekends 	You can help spread the word about TART Connect. Access materials in the TahoeTruckeeTransit Media Kit.

Introduction 0:04:56 - 0:13:03					
3. Resource Sha	3. Resource Sharing Around the Room				
Heather Schwartz, SOS Outreach	 Summer programs are in full swing. Hiring for a <u>Communications and Corporate Relations Manager</u> and <u>North Lake Tahoe Program Coordinator</u> Recruiting for winter mentors. Anyone interested contact Heather at hschwartz@sosoutreach.org. 				
Kat Soltanmorad, Tahoe Truckee Unified School District Food and Nutrition Services	 TTUSD Food Services summer meals program continues this summer. Meals are available for curbside pickup, neighborhood deliveries, and to students in summer programs. View the schedule here. Meals continue to be FREE for all children 18 & younger. There will be no curbside pickup or neighborhood deliveries during the 21-22 school year. However all meals will be free through June 30, 2022. Flyers in English and Spanish available by emailing Kat at ksoltanmorad@ttusd.org. 				
Raul Martinez, Placer County	 Kudos to the Promotoras at Sierra Community House for all the good work they do to promote COVID-19 prevention and vaccine outreach and education. 	Partners help with outreach and encourage people to complete the survey.			
Meri Mohr, Connecting Point	 Later this week, soft launching a new and improved resource search at <u>211connectingpoint.org</u>, includes key word and vocation-based search. 	 Try out the new search features and provide feedback to <u>helpdesk@connect</u> <u>ingpoint.org</u>. 			
Erica Mertens, Keep Tahoe Green	 New Take Care Tahoe Ambassador Program is rolling out in Truckee. 2 ambassadors will be positioned at popular recreation sites to provide information and education on how to take care of the region's resources and recreate responsibly. Also, keep your eyes out for a transit research survey coming 				

	out soon.	
Kevin Tomlin, Sierra Community House	 Sierra Community House has hired a new adult community organizer. 	
Lizzy Henasey	 Tahoe Forest COVID Vaccine Clinic is appointment via MyTurn.ca.gov or walk-in and located at 11004 Donner Pass Road (next to Zanders). Eligibility is aged 12+. Hours are Monday-Friday, 1-4 pm. 	
Alison Schwedner, CCTT	 TDPUD Safety Message: Prepare for Summer Power Outages. NV Energy PSOM will impact Truckee during extreme fire danger. <u>Read More</u>. 	 Use CCTT SLack Channel and the Bulletin to make power outage announcements and keep the community aware.
4. Presentation on Adverse Childhood Experiences (ACEs), Race, and Historical Trauma by Ingrid Cockhren, Psychology Professor at Tennessee State University and Director of Communities for PACEs Connection More icockhren@pace	 Ingrid presented key terms and concepts in understanding the construct of race and how racism and racial socialization can lead to collective trauma and adverse health outcomes. Key Term- Race: The term was first defined in the 16th Century and strongly associated with colonialism, being created for social and political reasons. Though many believe that race is genetic or determined by biology. It really is a social construct. The environments that people experience based on their skin color is really the issue driving the differences between us as opposed to skin color. Racism: We create environments that sustain some and traumatize others. Key Term- Critical Race Theory: This term was defined by a lawyer in the 70s to account for racial structures in the legal system. It has four tenants (see Ingrid's slide 5). Key Term- Adverse Childhood Experiences (ACEs): According to the CDC, Adverse Childhood Experiences, or ACEs, are 	 Ingrid shared the following resources: <u>Implicit</u> <u>Association Test</u> by Project Implicit. The bias self assessment is available on a variety of topics (race, gender, sexual orientation, age, etc.)

<u>sconnection.co</u> <u>m</u>	experiences that occur during childhood and account for a wide range of health and social consequences.
Timestamp: Introduction 0:13:03- 1:27:28	 Key Term - Racial Trauma or race-based traumatic stress: Refers to the mental and emotional injury caused by encounters with racial bias and ethnic discrimination, racism, and hate crimes. It can be direct, vicarious, and/or transmitted.
	 Key Term- Racial Identity: The term is defined as the process of internalizing your race.
	 Key Term- Racial Socialization: The term is defined as the developmental process of acquiring the attributes of a racial/ethnic group. This can be from messages in one's culture or environment that are passed down from generation to generation. Ex. distrust of medicine, police, etc. It can also be internalizing outside messages as industry and inferiority. Ex. children as early as age 5 attribute white dolls as nice or better than brown or black dolls. Messages can come from neighborhoods, schools, policies, geography, generational issues (dev during social media age vs. developing during world wars). African Americans are most likely to racially socialize their children and have explicit rules for them based on skin color. Two models on how children identify to their race: Dr. Janet Helms White Racial Identity Model and Dr. William Cross People of Color Racial Identity Model. Key Term: Collective Trauma or intergenerational transmission/historical trauma: Collective trauma is a cataclysmic event that shatters the basic fabric of society This ripples down through generations.
	 Mechanisms by which adverse childhood experiences influence health and well-being throughout the lifespan are represented in a conceptual framework for the ACE study called the ACE Pyramid. The <u>Ryse Center</u> adapted the ACEs pyramid (a conceptual framework to illustrate how strongly ACEs are related to a person's well-being throughout their lifespan) to

	include two layers on the bottom that account for the role of historical trauma and social location which leads to collective trauma.
•	 Solutions: Positive childhood experience act as a buffer against adversity. www.jamanetwork.com/journals/jamapediatrics Interacting layers of trauma and healing by the Ryse Center is a good guide on how to liberate and heal.