

FAMILIES: SAFETY NET UPDATE

APRIL 2021

A YEAR IN REVIEW



As I pause and reflect on the past year, I am struck by the changes that I see across the region. We know the pandemic has disproportionately impacted the health and economic well-being of low income individuals and people of color. Long-term isolation and stress have taken their toll on our individual and collective mental health. Available and affordable housing has become so limited that many long-time locals have been forced out of their homes and communities. A shortage of available affordable child care options makes it challenging for parents to maintain employment.

I find comfort in knowing that our region is not alone in facing these challenges and our Community Collaborative has never been so steadfast in tackling these issues locally. Against this challenging backdrop, our safety net providers have worked tirelessly to ensure our community is fed, connected, and supported. With the continual monitoring of community data, as reflected on the following page, our partners have responded and reacted in real time to make an impact. Throughout the year, we have focused on addressing vaccine hesitancy and mental health services with creative solutions. As more and more residents become vaccinated, and we begin to navigate this new phase of the pandemic, we continue to focus on the health and well-being of all of our community members during this unusual time of both uncertainty and hope.

Sincerely,
Alison Schwedner, *Director*
Community Collaborative of Tahoe Truckee



OUR MISSION

The Community Collaborative of Tahoe Truckee (CCTT), a program of the Tahoe Truckee Community Foundation (TTCF), is comprised of more than 50 health, education, and social service organizations and coalitions who have worked together for over 20 years to address the complex issues and fundamental needs of community members in North Tahoe-Truckee. The Collaborative seeks to understand the stories of our local people, and we root our work in the power of data to inform our leaders and drive results.



OUR PARTNERS

- Adventure Risk Challenge
- Aim High
- Alta Regional
- AMI Housing
- Arts in Wellness
- Big Brothers, Big Sisters of Northern Sierra
- Boys & Girls Club of North Lake Tahoe
- Child Advocates of Nevada County
- Connecting Point 211
- Excellence in Education
- Foothills Truckee Healthy Babies
- For Goodness Sake
- FREED
- Gateway Mountain Center
- Girls on the Run – Sierras
- Granite Wellness Centers
- KidZCommunity Head Start
- KidZone Museum
- Mental Health America of Northern California
- Mercy Housing/ Riverside Homes
- Nevada County Human Services Agency
- North Tahoe-Truckee Homeless Services
- Placer County Health and Human Services
- Placer County Network of Care
- Placer County Office of Education
- Placer County Sheriff's Office
- Read Up
- Sierra Agape
- Sierra College
- Sierra Community House
- Sierra Mental Wellness Group
- Sierra Nevada Children's Services
- Sierra Senior Services
- Sierra Teen Education Parenting Program
- SOS Outreach
- State of California, Department of Vocational Rehab
- Tahoe Forest Health System
- Tahoe Food Hub
- Tahoe Truckee Unified School District
- Truckee N. Tahoe Transportation Management Agency
- Truckee Lutheran Presbyterian Church
- Truckee Police Department
- UC Davis Tahoe Environmental Research Center
- Uplift Family Services
- Victor Community Support Services
- Western Sierra Medical Clinic

COALITIONS

- Communities 4 Kids
- Tahoe Truckee Future Without Drug Dependence
- Tahoe Truckee Perinatal Outreach Team
- Tahoe Truckee Reads
- Tahoe Truckee Suicide Prevention Coalition
- United for Action

SAFETY NET UPDATE

HOUSING STABILITY



As housing stability remains a growing concern, many families have fallen behind on their rent or have been displaced due to the hot housing market. Multiple families living under one roof, even temporarily, has posed greater health risks during the pandemic. Financial and homeless support remain a health imperative for our community if we want to retain our local workforce.



NORTH SHORE MEDIAN HOME PRICE - \$950,000 93% increase

(Tahoe Sierra Board of Realtors, MLS, March 2021 vs Feb 2020)



TRUCKEE MEDIAN HOME PRICE - \$1,200,100

60% increase

~ Tahoe Sierra Board of Realtors MLS, March 2021 vs. February 2020



45% INCREASE in real estate sales

~ Tahoe Sierra Board of Realtors MLS, 2020 vs 2019 Sold Analysis



333 FAMILIES received rental assistance with \$515,000 distributed

~ Sierra Community House, as of March 2021, since March 2020



146 UNIQUE GUESTS paid 1,807 guest visits to the Day Center

~ North Tahoe-Truckee Homeless Services, between July 2020-March 2021



415 NIGHTS OF SHELTER at the Emergency Warming Center between November 1, 2020-April 1, 2021

~ North Tahoe-Truckee Homeless Services



HUNGER SECURITY

Hunger relief providers continue to serve significantly more families than they did prior to the COVID-19 pandemic. Organizations are seeing many families in our community experience food insecurity for the first time.



783,414 MEALS PROVIDED

to families since March 2020
430,000 ~ Sierra Community House
47,414 ~ Sierra Senior Services
306,000 ~ Tahoe Truckee Unified School District



6,500 GIVING BOXES distributed from March 2020-2021

~ Tahoe Food Hub



4,038 LBS OF TRUCKEE

SOURDOUGH BREAD rescued February 2-April 15, 2021

~ Feed Truckee



1,106 APPLICATIONS FOR CALFRESH

BENEFITS in January 2021 and an average of 911 monthly applicants since the COVID pandemic started

~ Placer County



5,572 TOTAL households in Nevada County receiving CalFresh benefits, 616 households in the Truckee area

~ Nevada County

CHILD CARE



A continuum of quality early care and education services from ages 0-5 is a substantial predictor of positive health outcomes (Erikson, 2018). Over one-third of the North Tahoe-Truckee region is considered a child care desert (which means there are more than three times as many children as there are licensed child care slots). Many of these child care providers had to close permanently or alter operations significantly due to the COVID-19 pandemic.



39% OF PARENTS AND CAREGIVERS CANNOT WORK WITHOUT CHILD CARE



11% can work remotely but cannot return to work in-person without child care.

~ Nevada County Child Care Coordinating Council Survey, Dec 2020

WELL-BEING & MENTAL HEALTH

As our economy remains unstable, the need for behavioral health support has not lessened.



200% INCREASE in crisis helpline calls

~ Sierra Community House, since March 2020



300% INCREASE in referrals for adults to outpatient, substance abuse programs

~ Granite Wellness Centers, since March 2020



81 youth supported, 49% increase

~ Gateway Mountain Center

