



CCTT Resource Sharing Meeting

Meeting Summary

June 7, 2022

AGENDA ITEM	DISCUSSION	ACTION
1. Welcome	<ul style="list-style-type: none"> The Resource Sharing meeting translation and interpretation provided by Sandra Rentas 	Please complete CCTT's Partner Demographic Form here .
Resource Sharing Around the Room		
AGENDA ITEM	DISCUSSION	ACTION
Nataly Zuarte KidZone Museum	<p>All KidZone Museum Events free with admission:</p> <ul style="list-style-type: none"> Puppets with Chris Arth- Wednesday 06/15, 7/20, and 8//17 @11am Bilingual Singalong with Brooke Chabot- every third Wednesday of the month at 11:30 AM. KidZone at the airport festival on 7/23 LEGO robotic summer camps for rising 2-8 grades. More info The KidZone Museum will also be supporting the Truckee and Kings Beach libraries with summer reading challenges with family support, lending library, and prizes. <p>KIDZONE Hours: The KidZone is open on Tuesday-Saturday, 10:30am-3pm (9-10:30 AM members-only hours). The museum is no longer requiring vaccines or masks and the outdoor exhibit is now open again.</p> <p>KidZone Scholarships for annual memberships can be found at https://kidzonemuseum.org/become-a-member/ or email nataly@kidzonemuseum.org</p>	
Heather Schwartz SOS Outreach	<ul style="list-style-type: none"> Recruiting volunteer mentors now for the winter ski/snowboard program. Training begins in the fall. <ul style="list-style-type: none"> Contact Heather at hschwartz@sosoutreach.org if interested. 	

<p>Jenny Roberts Tahoe Truckee School of Music</p>	<ul style="list-style-type: none"> • The Tahoe Truckee School of Music is collaborating with the Boys and Girls Club of North Lake Tahoe to provide Music Makers camp for rising 1-5 graders. Cost is \$150 with BGCNLT membership. • Recruiting instructors - especially guitar, drum, and piano. More info • Spread the word and participate if you can. The #ShareyourSong event kicked off on June 3rd and is a virtual challenge/fundraiser on Facebook and Instagram where participants upload their song to Facebook and Instagram and then nominate a friend to do the same. 	
<p>For Goodness Sake</p>	<ul style="list-style-type: none"> • For Goodness Sake will cease operations at the end of June. All books from the lending library are now on sale. 	
<p>Jazmin Breaux TTHHS</p>	<ul style="list-style-type: none"> • The California CareForce is hosting a clinic in Nevada County at Nevada Union High School in Grass Valley on July 15-17. All services (dental, vision, and medical) are free and are offered first come, first served as capacity allows. • No transportation this year. • More info 	<p>Should a subset of partners try and coordinate transportation?</p>
<p>Lizzy Henasey Tahoe Forest Hospital Wellness Center</p>	<ul style="list-style-type: none"> • Various Tahoe Forest Health System Wellness Programming including Life Design 2022, Neuro Adapted Chair Yoga and ongoing programs for prenatal, chronic disease and fitness can be accessed here: https://www.tfhd.com/wellness-neighborhood/health-wellness-events • Thursday, June 9 5:15 - 6:30 Cyber Safety Tips - You have the right to be safe online! <ul style="list-style-type: none"> ◦ Tips for parents on safe online practices for their children, including boundary setting, cyber bullying, online consent, and the importance of modeling healthy social media behaviors. Zoom ID: 991 3131 5222 (free! English and Spanish) ◦ Collaboration between TTUSD, the suicide coalition, and SCH 	
<p>Kim Bateman Sierra College</p>	<ul style="list-style-type: none"> • Registration is open for the fall- hybrid, online, and in person • Complete GE pattern • High School students can earn high school and college credit • First two years free for qualified students • Kim Bateman will be teaching Death and Dying on Tuesday nights. 	
<p>Janice Eastburn Alta Regional</p>	<ul style="list-style-type: none"> • Sheila Sundale is on a leave of absence and will not return until September so Truckee office is generally closed. She serves children over 3 and their families. <ul style="list-style-type: none"> ◦ To reach Alta Service Coordinator's Sheila Sundale's Supervisor for assistance with Alta clients (over 3): Heidi Dilley, 	

	<p>530-274-4659/hdilley@altaregional.org</p> <ul style="list-style-type: none"> After 20 years, Janice is retiring. Her last day will be July 8. Jane Anne Cooper will be the new early intervention coordinator beginning July 9. 	
Kate Marrone Liberty Utilities	<ul style="list-style-type: none"> Public Safety Power Shutoff / Wildfire Mitigation virtual workshop upcoming for Placer / Nevada County on Thursday, June 9th from 12:00 - 1:00 pm. Register here: https://california.libertyutilities.com/north-lake-tahoe/residential/safety/electrical/psps-workshops.html Always interested in collaboration outreach. Reach out to Kate at kate.marrone@libertyutilities.com. 	
Caroline Craffey Tahoe Truckee Community Foundation	<ul style="list-style-type: none"> Forest Futures Salon on Evacuation Preparedness, June 9 at 5:30pm: Register here (Spanish and English): https://us02web.zoom.us/meeting/register/tZYdeirqzovEtRgZ4Fd8FuZAEfy2zqrDGk9 UFacilitative Leadership series (4-part series) <ul style="list-style-type: none"> Spanish registration: https://us02web.zoom.us/meeting/register/tZ0qfuqopjksHNAZfTrpS uw6Ba-UkYNLEiPg English registration: https://us02web.zoom.us/meeting/register/tZ0sc--qqTMqGNJ7vh6h Q479Uwhv7a3xFTGk 	
Cathie Foley NT Truckee Homeless Services	<ul style="list-style-type: none"> Reach out to new Homeless Outreach Coordinator- Aenora Tawaji 775-525-0961 for referrals. For rack cards about our programs and resources, contact NTTHS@amihousing.org The lease has been extended at the Church of the Mountains through June 23' allowing day and emergency services to continue. 	
Sierra Expeditionary Learning School	<ul style="list-style-type: none"> The Great Skate is Friday June 10th at NorthStar. Theme is "Rolling into Summer" and costumes are encouraged. Attendees will enjoy: Roller skating (bring your skates), Activity booths, Live music by Rogue, Life DJ Dylan Riley and a Silent Auction and Raffle. Friday June 10th 5-9PM!!! 	
Hike for Hope Suicide Prevention in Truckee Tahoe	<ul style="list-style-type: none"> Join a beautiful 3.2 mile hike at Donner State Park on June 19th. Link for more information: https://www.mightycause.com/event/Hikeforhope2022 	
Sharon Silva Sierra Community	<p>Upcoming Financial Wellness Workshops</p> <ul style="list-style-type: none"> Three, one-hour sessions. There will be Two workshops in Truckee on 	

House	<p>Friday and one in Kings Beach on Tuesday.</p> <ul style="list-style-type: none"> • 1-2 PM • Participants will get tools to better manage money and gain basic financial independence. <p>Summer Music and Movement</p> <ul style="list-style-type: none"> • June 14-August 5 • For children ages 0-5 and their parents or caregivers, Rita Haun will be sharing all the benefits of music and movement education at Kings Beach Domus Apartments on Tuesdays at 10 AM and in Truckee at the Sierra Community House Office at 10 AM or at 11 AM. Email ritahaun@juno.com for more information or to register. 	
Brooke Schauder Tahoe Forest Hospital	<ul style="list-style-type: none"> • New clinical director of behavioral health. She will be seeing children and teens. • This fall two new team members - a psychologist and a developmental pediatrician will be joining the team. 	
Barbara Kane Tahoe Truckee Unified School District	<ul style="list-style-type: none"> • In August, bilingual services will offer “newcomer” workshops providing resources to parents. 	
Data Walk		
Community health and wellness data	<p>The Community Collaborative of Tahoe Truckee has been collecting data since 2007. We look at data community-wide as well as disaggregated data by household income, race, gender, and age to inform our work.</p> <p>At today's meeting, we shared a high level overview of key findings from the 2022 Community Engagement and Behavioral Health Survey Report and the California Healthy Kids Survey</p> <ul style="list-style-type: none"> • There are limits to data. So partners were allowed time in small groups to “make meaning” of the data or to ground truth the data. • The first Community Engagement and Behavioral Health Survey Report was conducted in 2020. We caution forming any trend lines with the data as it is only two points in time. <p>2022 Community Engagement and Behavioral Health Survey Key Findings Social Context:</p>	

- Our region still drinks more than the US Average but rates of excessive drinking dropped from 43% to 40% from 2020.
 - A heavy drinker is defined as a **man who drinks more than two drinks per day on average**, and for **women it's one drink per day**; A binge drinker is a **man who drinks 5 or more drinks in a single instance, 4 for women**. If you are either a heavy or binge drinker, you are considered an excessive drinker.
- There has been a slight increase in the average number of poor mental health days per month since 2020. The average is 4.9 days up from 4.1 in 2020.
- We have seen an increase in the number of residents who perceive North Tahoe Truckee as a “Fair”/”Poor” Place to Live.
- Approximately 1 in 4 of us feel lonely and have experienced physical violence or emotional abuse from an intimate partner.

Behavioral Health Knowledge and Attitudes

- Community members with the lowest income are becoming more aware of mental health resources at the fastest rate. However we have seen a drop of those over 65+ who are aware of providers, programs, or resources available in the community to help people with mental health needs
- It still isn't easy to talk about mental health or emotional challenges.

Treatment

- 1 in 3 adults say there was a time in the past year when they needed mental health services (up 4% since 2020), yet 22% of those who seek care do not get it because of barriers (cost, appointment availability, etc.)
- Only 14% of respondents to the provider survey accept insurance, 21% accept Medicaid, 16% accept Medicare, and 7% accept VA benefits.

California Healthy Kids Survey

- Conducted throughout the state every other year.
- Anonymous survey given to students in the classroom
- Grades 6,7,9 & 11 complete the survey (changed from 5th to 6th grade in 2021).
- Note the Grade 11 participation rate isn't as high as it was in the past at 56% and isn't quite statistically significant (which is considered to be 60%).

Key Findings

- Students reported feeling more supported at school than they did in 2018. One speculative theory is that there was a sense of relief of being back at school after two years of disruption from COVID.
- There also was an increase in the level of students feeling connected and safe at school.
- Seeing an increase in 9th grade suicidal ideation in the past 12

	<p>months and an increase in students feeling sad and hopeless.</p> <ul style="list-style-type: none"> ■ Overall trending down with drug and alcohol usage. <ul style="list-style-type: none"> ○ Athlete committed program and TTFWDD programs may be having an impact <p><u>Small Group Recap/Insight</u></p> <ul style="list-style-type: none"> ■ <u>Substance Abuse</u>: The group felt that alcohol rates may have gone down due to COVID restricting social gatherings and bar and restaurant visits. Now that restrictions have been lifted, the breakout group believes rates will rise. ■ <u>Community Engagement</u>: This small group talked about the fragmentation of community connectedness (and influx of new community members) over the past couple of years with COVID and the dichotomy of perceiving North Tahoe as a fair or poor place to live despite other social connectedness factors improving. ■ <u>Knowledge and attitudes</u>: This group noted the exceptional work of the promotoras to increase awareness of resources in the community especially with low income residents. They also noticed that it still isn't easy to talk about mental health; Highlighting this as well as access to mental health services as an opportunity for future collaborative work. ■ <u>Treatment</u>: This group talked a lot about insurance and access. They discussed strategies in other communities that help to improve access as well as a pilot program between SCH and Placer County to help people access Medical. 	
Next Meeting		August 2, 2022