



CCTT Resource Sharing Meeting

Meeting Summary

November 1, 2022

AGENDA ITEM	DISCUSSION	ACTION
<p>Welcome and Keynote Remarks:</p> <p>Dr. Annamarie Cohen, Executive Director of Student Services</p>	<ul style="list-style-type: none"> ● Dr. Annamarie Cohen welcomed partners to the youth forum and emphasized how important it is for us to hear the youth voice now and in the future. 	
<p>Youth Forum Conversation in partnership with TTUSD, Adventure Risk Challenge, Gateway Mountain Center, and Placer County Substance Abuse Prevention</p>	<ul style="list-style-type: none"> ● Approximately 15 youth from North Lake Tahoe, Truckee, and Sierra high schools and two transitional youth from Gateway Mountain Center joined us for a Living Room Conversation. ● Living Room Conversations offers a simple, sociable and structured way to practice communicating across differences while building understanding and relationships. Small groups of ~3 youth and ~6 adults met in small groups to listen and be heard by others on the questions below. Rather than debating or convincing others, youth took turns talking to share and learn, and be curious. Adults simply listened. <ul style="list-style-type: none"> ○ What would your family or friend say about who you are? ○ What do you love about your community? This can be any community you feel connected to, such as your school, your neighborhood, your family, your peer group, etc. ○ Do you have adults in your life (teachers, parents, coaches, friends) that you feel connected to? What qualities do these adults possess? ○ What do you see as the top three risks most impacting teens or families in our community? ○ How do you see these factors impacting your life? Tell us what you're seeing around Substance Abuse, bullying, stress and anxiety, and technology/social media? ○ What would you do if you knew a friend was in trouble (e.g., drinking, drug abuse, depressed, suicidal)? ○ What gives you hope for the future for yourself and others? ○ What opportunities do you see for youth to lead social change in our 	<p>What future opportunities are there for youth voice at CCTT, in partner agencies, and in the community?</p>

community?

- In closing, youth and adults shared their reflections on the living room conversation. The following was shared:
 - Youth appreciated a forum where they had an opportunity to simply share and be heard without feeling judged, debated against, or that adults were there to “solve their problems”.
 - It was fortifying for youth from different backgrounds and schools to learn that they shared similar experiences and challenges to the other youth in their group who they had not known prior.
 - Youth and adults shared gratitude for the opportunity to hear the youth voice and one student shared that smaller groups were welcome and less intimidating to share honesty and vulnerability.
 - The following themes emerged: addressing sexual assault among teens, behavioral health stigma (it’s ok to not be ok), connection and healthy relationships- how to have authentic relationships between teens and adults (“students seem to know adults are here to help. But students choose not to ask for help due to trust issues. How can adults be more trustworthy?”), self-care, and how to foster future youth voice opportunities. The need to really listen to youth and not take away their power or try to solve all their problems was repeated by youth and adults over and over again.
 - Keep ideas going. Need more opportunities for youth adult voice/partnerships

Resource Sharing Around the Room

Nataly Zarate,
KidZone Museum

All [KidZone Museum Events](#) free with admission:

- Puppets with Chris Arth- Wednesday 11/16 @11 AM at the KidZone
- Bilingual Singalong with Brooke Chabot- 11/8 @ 11:30 AM at the KidZone

KidZone visits and provides a special activity at the Family Rooms at Truckee and Kings Beach elementary schools monthly.

KidZone will have a giving tree. Contact Nataly Zarate at nataly@kidzonemuseum.org for more information.

KidZone will host SOS outreach on 11/8 for their program registration.

	<p>KidZone Scholarships for annual memberships can be found at https://kidzonemuseum.org/become-a-member/ or email nataly@kidzonemuseum.org. Families who participate in STEPP, kinder support, WIC, SCH, and the family rooms receive full scholarships.</p>
<p>Patricia Eagan, Sierra College</p>	<p>Enrollment for the Spring semester will begin later this month. Visit https://www.sierracollege.edu/visit-sierra-college/tahoe-truckee-campus/ to learn more.</p>
<p>Shannon Decker, The Speedy Foundation</p>	<p>The Speedy Foundation is contracted with Nevada County to provide opioid response. Visit: https://www.thespeedyfoundation.org/truckee</p> <ul style="list-style-type: none"> ● They are distributing Narcan and fentanyl testing strips. These can also be obtained at Tahoe Forest Hospital and Gateway Mountain Center, ● Targeting outreach to the ski industry, gas stations & markets, bars & restaurants, as well as businesses and schools, and ● Providing training around stigma & overdose response in partnership with Devin Bradley of Nevada County and Gateway Mountain Center. <p>The Speedy Foundation has been sharing films with the community in Idaho:</p> <ul style="list-style-type: none"> ● The Upstanders, a documentary about resilience and the power of connection to end bullying. ● Like, a documentary about the impact of social media ● Angst, a documentary about anxiety - is available to CA families at no cost - https://www.calhopeschools.org/angst <p>Shannon will discuss with TTUSD any interest in Tahoe Truckee community screenings with panel discussion as well as on-demand film dashboards. Reach out to Shannon at shannon@thespeedyfoundation.org if you'd like to learn more.</p>
<p>Nancy Minges, Gateway Mountain Center</p>	<ul style="list-style-type: none"> ● The 4Roots Wellness Center is open 5 days a week for drop in from 12:30-6:00 PM. ● The fall cohort of ASK/MBSAT is in full swing. Gateway is also facilitating pop ups of semi-private groups starting this week. And this spring there will be a new cohort of ASK/MBSAT and min versions on 6 campuses. ● Narcan and fentanyl strips are always available at Gateway Mountain Center. An employee who is a former EMT will walk you through the training. ● Gateway Mountain Center is contracted to do a series of videos with youth voice. They will begin storyboarding in December and filming in February-April. The videos will focus on destigmatizing mental health, narcan use, the buddy system, etc. Youth will be paid to participate.
<p>Jazmin Breaux, Nevada County HHS</p>	<ul style="list-style-type: none"> ● The Nevada County teen clinic is open and available to support teens Wednesday, 1-4 PM. It's confidential. Plan B is always available. The center is open for appointments Monday, Tuesday, and Thursday.

Sarah Green, California Trails Conference Foundation	<ul style="list-style-type: none"> • The Foundation is looking for a youth board member. Please send recommended candidates to Sarah at astehl@parks.ca.gov. • California Trails & Greenways 2023 Conference: Building Connections: Linking People to Trails & Each Other will be at the Renaissance Palm Springs Hotel, March 28-30, 2023. More Information
Laura Brown, Excellence in Education	<p>There are currently two ways to support Excellence in Education:</p> <ol style="list-style-type: none"> 1. Through the relaunch of the Dining for Schools program 2. Celebration of Education, a fundraising event at Moody's Bistro Bar and Beats on 11/15, 5:30-8:30 PM. There will be live music from TTUSD students and delicious food. Get your tickets.
Brooke Schauder, Tahoe Forest Hospital	<p>Introduced TFHS new Developmental Pediatrician Mark Ruggiero and Neuropsychologist Beth Lavin. The staff is very interested in working with TTUSD.</p>
Tara House, TTUSD	<ul style="list-style-type: none"> • TTUSD hosts a monthly meeting in Spanish for ESL parents. Email Tara at thouse@ttusd.org if you would like to attend and share any resources <ul style="list-style-type: none"> ○ Could fentanyl awareness be a topic for the December meeting?
Lizzy Henasey, TFHS Wellness Centers	<ul style="list-style-type: none"> • Upcoming Your Authentic Wellness on 11/10 is on Maintaining Valuable Muscle Mass While Aging. Learn how to maintain valuable skeletal muscle as we get older from both an exercise and a nutritional perspective. This talk will teach you science-backed, practical tools you can use throughout your lifespan. Visit the TFHD website for the upcoming class schedule.
Sam Valois, Tahoe Forest Health System	<ul style="list-style-type: none"> • Sam introduced herself as the new Substance Use Navigator at TFHS. She will be heavily involved with TTFWDD.
Heather Schwartz, SOS Outreach	<ul style="list-style-type: none"> • SOS Outreach is still seeking volunteers. • The Mentor program is pretty much full with youth from the community. • About to launch registration for the school to ride program. 11/2 is the first registration night in Kings Beach. • Heather Introduced new Program Coordinator Gary Goldfinger.
Ariana Bernstein, Nevada County	<ul style="list-style-type: none"> • Ariana introduced herself as Nevada County's new clinician. She will be leading the hybrid mobile crisis program.
Cathie Foley, North Tahoe-Truckee Homeless Services	<ul style="list-style-type: none"> • The Emergency Warming Center will open beginning next week. Contact nnth@amihousing.org for more information or for rack cards. • On Tuesday, 11/8, 2:30-3:30 PM, NTHS and United for Action are hosting a winter blessing and celebration for the 8th season with music and refreshments. Email ufatahoe@gmail.com for more information.

	<ul style="list-style-type: none"> Collecting coats again for Community Christmas, as well as additional items needed for the winter. See the full list here. Drop off during open hours: Tues, Wed, TH, 9AM-2PM.
Deedee Driller, TTUSD	<ul style="list-style-type: none"> TTUSD is engaged in a strategic planning process. From the website: <ul style="list-style-type: none"> Now, we're moving into the next phase of this year-long process. Over the next five months, our 35-person TTUSD Strategic Planning Task Force — composed of representative Board members, administrative leadership, teachers, classified staff, parents, students, and local community partners — will collaborate with industry-expert consultants to analyze stakeholder feedback and research ideas to consider for Board review. In January, we will have our next opportunities for additional community input, including a new online survey to help crowdsource research, and Superintendent Ghysels will solicit student input at school sites as we focus on areas to explore. 11/2 Board Meeting will share news about test scores. You can stream on Truckee Tahoe Media.
Cindy Maciel, TTUSD STEPP	<ul style="list-style-type: none"> The Kings Beach and Truckee family rooms are open! TTUSD is implementing community service again. If your org has opportunities please contact school counselors.
Kaela Frank, Adventure Risk Challenge	<ul style="list-style-type: none"> ARC is hiring for a full-time or part-time Operations Administrator. Read the job description here.
Anne Rarick, COAD	<ul style="list-style-type: none"> There will be a general membership meeting of the COAD. Stay tuned for more details. Connecting Point 211 on behalf of a grant with Nevada County is placing trained participants (ages 16-30) in paid internships with local nonprofits that address food insecurity, climate, and COVID-19 recovery. <ul style="list-style-type: none"> Nonprofits: Develop local talent and support your organization by providing an internship to a Youth Jobs Corps participant. Learn more and find interns here. Youth and Young Adults: Build your resume while addressing Tahoe-Truckee's most urgent needs. Get paid while you learn. Find out how to participate here.
CCTT	<ul style="list-style-type: none"> CCTT is seeking nominations for its Annual Awards. For more information on awards or to nominate a community member use this form: https://forms.gle/atwh4Keijj4bQrjA8 Deadline is Nov 18th.
Next Meeting	Dec 6, 2022 Holiday Party and Annual Awards